

#OISANS

THE MYTHICAL **ALPS**



LES 2 ALPES
ALPE D'HUEZ
VAUJANY
OZ 3300
LA GRAVE

LE BOURG-D'OISANS
AURIS-EN-OISANS
VILLARD-RECLAS
ALLEMOND
ORNON

SAINT-CHRISTOPHE-EN-
OISANS / LA BÉRARDE
BESSE-EN-OISANS
MIZOËN
CLAVANS-EN-HAUT-OISANS

LE FRENEY-D'OISANS
VILLARD-REYMOND
VILLARD-NOTRE-DAME
LIVET-ET-GAVET
OULLES

OISANS, A HUGE BREATH OF FRESH AIR

Straddling Isère and the Hautes-Alpes, Oisans is a treasure trove, filled with wonderful discoveries.

Its immense, unspoiled landscapes are full of activities for everyone to enjoy. With over 500 kilometres of ski slopes and an incredible off-piste area at the foot of the Meije and the Écrins National Park, you can count on your holiday being a huge breath of fresh air in an extraordinary playground!

Delightful accommodation, restaurants specialising in locally-sourced alpine food and opportunities to discover local skills and crafts all make for the perfect authentic in the 6 Oisans valleys.



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OISANS IN NUMBERS

- › **2** French départements
- › **22** village resorts
- › **4** ski areas and over 500 km of off-piste runs and routes
- › **40** summits over 3 000 m
- › **35** artisans on the Oisans Savoir-Faire Route
- › **10** museums

Top 4 NEW PICKS



LE COL D'ORNON

FIRST IN THE WORLD: A TRANSFERABLE, MULTI-SKI PASS!

Col d'Ornon, a small resort at the foot of the Taillefer, is boasting a new all-in, generous ski pass that's one of its kind in the world. It includes all-in access to both the downhill ski area (8 runs, 4 ski lifts) and the Nordic ski area, with 21km of trails. The other advantage of this pass is that it's completely transferable! You're free to enjoy it on your own, or you can lend it to a friend or family member, without any restrictions. This flexibility perfectly reflects the friendly, authentic atmosphere of the small, unspoiled family resort of Col d'Ornon.

→ Prices: €190 for the winter season (22/23 price)/ SERACO / +33 (0)4 76 80 43 15 / seraco@orange.fr
→ col-dornon.com/preparer/forfaits-et-redevances-de-ski



MIZOËN

HÔTEL PANORAMIQUE : NEW OWNER AND A RESTAURANT SERVING 100% HOME-MADE FOOD



A new chapter is about to begin for this 9-room hotel located at the start of the Ferrand Valley, now known as «Le Chalet Panoramique». Its new owner, Olivier Vinaty, has embarked on a truly ecological and sustainable approach, including recycling, washable napkins for meals, municipal composting, and fresh local produce for the menus. He is also opening his restaurant to outside guests, offering 100% home cooking based on specialities from the Isère region, such as fondue with Sassenage blue cheese and walnuts. Just 10 km from Les 2 Alpes ski resort, Mizoën's quiet, unspoiled setting will appeal to customers looking for an authentic retreat away from the crowds. Opening date: 15 December.

→ Rates: from €92 for rooms / €29 for a set menu
→ chalet-lepanoramique.fr / +33 (0)4 76 80 06 25 contact@chalet-lepanoramique.fr



VILLARD-RECLAS

3 NEW 5* CHALETs IN THE VILLARD-RECLAS VILLAGE RESORT

Just a stone's throw from Alpe d'Huez, the unspoiled village resort of Villard-Reclas is seeing a real move upmarket in terms of accommodation. Over the years, visitors have come here in search of the peace and quiet of a small mountain village, and it's the comfort-conscious clientele that has led to this gentle move upmarket in the accommodation on offer. Since last winter, 3 new chalets have been awarded a 5* furnished holiday accommodation rating. A combination of traditional architecture with rustic charm and contemporary elegance, luxurious facilities, extensive living areas, spacious bedrooms and comfortable bathrooms, ski-in/ski-out... the perfect choice for holiday-makers seeking intimate comfort!

→ Prices: from €2,380 to €5,500
→ resa@villard-reclas.com
villard-reclas.com/mon-sejour/se-logger/reservation-en-ligne / +33 (0)4 76 80 45 69



LE BOURG-D'OISANS

NEW COSY WINTER CHALETs AT THE RCN BELLEDONNE CAMPSITE

For the 23/24 winter season, the campsite is going for the top of the range by opening a real winter section. The result is 3 new chalets (for 2 to 6 people) with all the comfort, style and decoration of a hotel room in a resort, and the added privilege of being able to bask in the warmth inside while watching the kids build their snowman right outside your door! But it doesn't stop there... breakfast is included (in the campsite restaurant), together with a free heated ski locker and a wellness area. Comfortable holidays at a reasonable price!

→ Prices: from €420 to €2,000 per week
→ rcn.nl/fr/camping/france/alpes/rcn-belle-donne/sports-d-hiver/equipements
+33 (0)9 70 73 10 38 / d.dekker@rcn.fr

OISANS AT A GLANCE

OUR FAVOURITES ❤️



📍 LIVET-ET-GAVET 500m

The gateway to Oisans
❤️ The Romanche Museum: the early days of hydroelectricity

📍 ALLEMOND 713m

A little village at the foot of the Grandes Rousses
❤️ Eau d'Olle Express: direct access to the Alpe d'Huez ski area

📍 LE BOURG D'OISANS 720m

The Oisans base camp
❤️ The ideal place for trying out different ski resorts and visiting villages

📍 LE FRENEY-D'OISANS 930m

The perfect crossroads between resorts and traditional villages
❤️ La Croix de Cassini is THE 360° viewpoint, one of the most spectacular in Oisans

📍 LA GARDE-EN-OISANS 970m

One of the steepest villages in France
❤️ The Maronne chairlift links to village to the Auris-en-Oisans ski area

📍 BESSE / MIZOËN / CLAVANS DE 1180m À 1500m

An unspoilt, authentic valley
❤️ An outstanding heritage site and listed natural site

📍 VAUJANY 1250m

Indoor facilities comparable to those of a large town
❤️ Lifts and escalators for easy access to the three levels of the village

📍 ORNON 1300m

9 hamlets at the foot of the Taillefer
❤️ A great spot for unspoilt cross-country skiing

📍 OZ 3300 1350m

100% pedestrian resort and «green» access on the Eau d'Olle Express
❤️ One of the youngest resorts - 35 years old



📍 OULLES 1400m

One of the smallest villages in Isère
❤️ 9 year-round inhabitants

📍 SAINT-CHRISTOPHE-EN-OISANS / LA BÉRARDE 1420-1740m

A mountaineering mecca
❤️ La Bérarde, cut off from the outside world in the winter

📍 VILLARD-RECLUSAS 1500m

An authentic, perched resort
❤️ The first resort linked to Alpe d'Huez

📍 VILLARD-NOTRE-DAME 1520m

28 year-round inhabitants
❤️ The Café de la Gardette and its winter meals

📍 LA GRAVE / VILLAR-D'ARÈNE 1520m

Internationally renowned listed village
❤️ La Meije and a world-unique off-piste ski area

📍 AURIS-EN-OISANS 1600m

A family resort
❤️ Hamlets filled with charm



📍 VILLARD-REYMOND 1630m

Second highest village in France
❤️ 18 year-round inhabitants

📍 LES 2 ALPES / VENOSC MONT DE LANS 1000m / 1650m

A ski area undergoing major changes
❤️ Linked to the villages of Mont de Lans and Venosc

📍 ALPE D'HUEZ 1860m

300 days of sun per year
❤️ Highest point: 3330 m Pic Blanc, boasting panoramic views



OISANS RECORDS

📍 AURIS-EN-OISANS

THE HIGHEST SPRUCE FOREST IN EUROPE IS IN AURIS-EN-OISANS

The Auris-en-Oisans forest zone begins at an altitude of 1,420 m and peaks at 1,780 m. Spruce is the dominant species, but it shares its terrain with fir, Scots pine and European larch. This beautiful forest, where a few deciduous trees have also taken root, turns a beautiful colour in autumn. But beyond its beauty, its primary virtues are its role in protecting the environment, preventing soil erosion and protecting roads and hamlets from avalanches and mudslides. If they're lucky, walkers can spot roe deer, wild boar, hares, foxes, badgers and partridges.



📍 OISANS

FRANCE'S LARGEST ICE SHEET IS IN OISANS

The Écrins National Park, which rises to 4,101m at the Barre des Écrins, is one of France's largest glacier reserves in the Alps. The Girose and Mont-de-Lans glaciers, which lie next to each other, cover a distance of 6 km from east to west. This fragile natural area needs protecting!

📍 LES DEUX ALPES

THE BIGGEST VERTICAL DESCENT ON A SKI AREA (2,300 M) IS IN LES DEUX ALPES

From the glacier at 3,568m, skiers can embark on a breathtaking descent down to the resort. This takes them through the entire ski area from its highest point to the village of Mont-de-Lans. It can be a test of fitness for skiers who don't stop, or a journey of contemplation for those who take a few breaks. The scenery of Oisans and its peaks is well worth the effort.

📍 ALPE D'HUEZ

THE LONGEST BLACK RUN IN EUROPE IS IN ALPE D'HUEZ

It's 16 km long, black, called the Sarenne and it's the longest run in Europe. Physical, demanding and fast, with a few nice little bumps, it starts at the summit of the Pic Blanc at 3,300m, the resort's landmark peak, and finishes in the valley below Auris-en-Oisans. Skiers leave the resort far behind and enjoy breathtaking untamed mountain scenery. The descent can be tackled at night on certain dates during the season.



📍 LE COL D'ORNON

IF YOU'RE LOOKING FOR CALM AND UNSPOILT BEAUTY

What you'll like here is the very small ski area (8 marked runs and 4 ski lifts) and its intimate, unspoilt atmosphere. Children can learn the rudiments of skiing without being disturbed in special areas, under the expert guidance of our pampering instructors! Meanwhile, you can enjoy the slopes on your own, or the magic of the woods and Alpine meadows on snowshoe or Nordic ski trails. What a pleasure to spend your holidays away from the crowds!

→ col-dornon.com

📍 OZ 3300

DEEP IN THE MOUNTAINS WITHOUT BEING STUCK

Oz 3300 fits the bill, feeling like the end of the world but very much connected to civilisation! It's a paradox, as this little patch of Oisans is linked to the Alpe d'Huez Grand Domaine for great skiing, but when the lifts stop in the evening, you'd think you were all alone in the world... Well, almost, because there are the children, who really enjoy this family resort that offers lots of free entertainment and activities on the snow front in the evening and where they can wander around in complete freedom due to the ban on traffic. So peaceful!

→ oz3300.com

📍 VAUJANY

WHEN YOU'VE THE FAMILY IN TOW, YOU NEED TO KEEP IT SIMPLE

Vaujany is the ideal destination for families. It's a village with amazing facilities, including an ice rink, swimming pool with slide, spa area, fitness room, bowling alley, media library, cinema and daily entertainment... it's impossible to get bored in Vaujany. On top of all this, the resort is linked to the Alpe d'Huez Grand Domaine by a cable car, making for some great days out on the slopes.

→ vaujany.com

📍 VILLARD-RECLULAS

IF YOU LOVE PUSHING YOUR LIMITS OUT IN THE WILD

If you're looking for the peace and quiet of a small village with stunning views and want to try out a range of outdoor sports, Villard-Reculas is the place for you. As it is linked to the Alpe d'Huez Grand Domaine, you can do course ski, but you can also try your hand at snow trail running, yoga, Nordic walking or ski touring. You're all set for a great sporting holiday!

→ villard-reculas.com

📍 AURIS-EN-OISANS

BIG SKIING, SMALL RESORT

Here you can enjoy the atmosphere of a resort at the foot of the slopes, but on a modest scale. In other words, you have all the advantages of an 'integrated' resort (easy access, shops and restaurants on your doorstep) but without the hustle and bustle of an international resort. A little peace and quiet, a dose of nature, a spoonful of comfort... holidays here go off without a hitch. And what's more, you can also enjoy the many slopes of the Alpe d'Huez Grand Domaine.

→ auris-en-oisans.fr

📍 LA GRAVE

IF YOU'RE SPORTS MAD, BUT LOVE NATURE

This freeride mecca at the foot of the Meije is the perfect spot for those who love raw nature, mountains, glaciers, the atmosphere of a real mountain village, a cosmopolitan mix of nationalities and breathtaking off-piste descents. A short hike to a refuge on skis or snowshoes is the perfect way to unwind, clear your head and fill up on memories. Take deep gulps of fresh air and enjoy taking the time to live in harmony with nature.

→ lagrave-lameije.com

📍 LES 2 ALPES

LONG RUNS AND TRENDRY BARS, THE PERFECT COMBINATION

The descent from the 2 Alpes glacier at 3,400 m to the resort at 1,650 m requires well-honed muscles. But the fresh air is exhilarating and the scenery is so splendid that you forget the effort. What you'll really appreciate here is the host of activities for teenagers, and the aperitif evenings that go on and on in a festive, musical atmosphere.

→ les2alpes.com

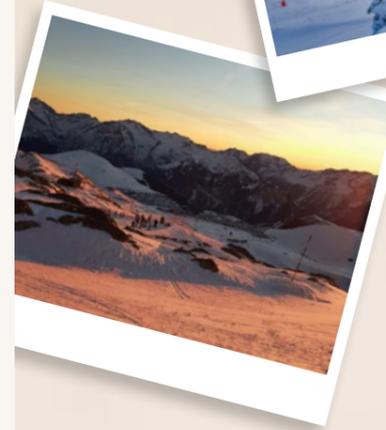
📍 L'ALPE D'HUEZ

IF YOU LOVE THE BUZZ OF BIG SKI AREAS

If you love big international resorts and your main priority is big, big, big skiing, then head for Alpe d'Huez and its 250 km of pistes. The Alpe d'Huez Grand Domaine is linked to Vaujany, Oz 3300, Villard-Reculas and Auris-en-Oisans, so the playground is vast and varied. What's more, the resort is full of opportunities for lively après-ski fun... and don't miss the events and shows!

→ alpedhuez.com

WHICH RESORT IS BEST FOR ME?



📍 VILLARD-RECLAS

THE BEST FOR BEGINNERS THANKS TO THE REDESIGNED LEARNER'S AREA

The ski instructors' most valuable piece of advice is to choose the best slope for your level! Thanks to the new layout of the Club Piou-Piou area, Villard-Reculas now has ideal learning and skiing conditions for children and beginners alike, featuring a wider, smoother slope and a conveyor belt that's been moved to give skiers more room! And stay tuned as in 2026, Villard-Reculas is planning some major changes to its ski area in an aim to further enhance its skiing experience.

→ www.villard-reculas.com



LET'S SKI!

📍 LES 2 ALPES

STRUCTURAL AND SUSTAINABLE PROJECTS FOR THE NEXT 50 YEARS

The resort of Les 2 Alpes is pursuing ambitious development projects, not only to modernise the resort and make it more comfortable, but above all to ensure that the mountains are accessible to everyone, for all types of activity and in all four seasons. The big news is that the Jandri Express gondola, which takes skiers from the resort at 1,600 m to the summit at 3,200 m, will be replaced by a 3S cable car. This will be more comfortable, better able to cope with weather conditions, halve the number of pylons to reduce visual impact, and take 15

minutes instead of 40. The new Jandri 3S will be ready in December 2024. In the Vallée Blanche, the flow of passengers will be doubled, up to an altitude of 2,100 m: pedestrians, skiers and beginners will now have access to the new green run in less than 5 minutes. And the snow front is also getting a makeover, with various improvements ensuring that skiers are better spread along the central area, making it easier to learn to ski.

→ les2alpes.com

📍 L'ALPE D'HUEZ

LADIES CAMP: A 100% FEMALE «MADE IN ESF» EXPERIENCE

Statistics show that 47% of skiers are women! With this in mind, the Alpe d'Huez ESF has decided to provide them with a unique experience! 3 supervised half-days available in 3 areas:

> **Progression skiing - intermediate level:** enjoy the mountains with no hang-ups or pressure and regain confidence on the slopes. An evening yoga session then offers a moment of indulgent relaxation.

> **Precision skiing - advanced level:** perfect your style, build confidence and push your limits for even more fun. The evening yoga session is also included in the programme.

> **Multisport - beginners:** Featuring 3 activities, namely snowshoeing, Nordic skiing and ski touring, interspersed with reflective pauses. Breathe and admire!

→ Price: from €150/person

→ esf-alpedhuez.com / +33 (0)4 76 80 31 69
info@esf-alpedhuez.com

📍 OZ 3300

FROM PIC BLANC TO ENVERVIN D'OZ: A 2,000 M SKI DESCENT!

At Oz 3300, in an amazing setting, the Pic Blanc stands proud at 3,330 metres. Not only are there breathtaking views, but it's also the start point for a 2,205-metre descent. Imagine skiing for a whole hour without taking a single lift... it's a dream come true in this white wonderland! The runs are of varying difficulty, so skiers enjoy plenty of thrills: starting with the black Tunnel run with its legendary descent, followed by the red Les Rousses and the blue Les Chalets runs. Finally, the black piste at La Fare among the fir trees is a perfect opportunity to enjoy some long, sweeping turns. The long, long descent, with its breathtaking views, ends at Enversin d'Oz, at 1,125 metres. On your marks, get set, ski!

The Alpe d'Huez Grand Domaine ski pass includes all the runs.

→ **Piste accessible avec le forfait de ski Alpe d'Huez Grand Domaine**

→ oz3300.com/hiver/ski-glisse/le-domaine-skiabile



NEW Thrills

📍 ALPE D'HUEZ- VAUJANY

AN INTRODUCTION TO ICE CLIMBING

You may think that ice climbing is out of your reach or just for the most adventurous and experienced mountaineers... But the Alpe d'Huez Guides' Office begs to differ! As part of its drive to help people explore everything the mountains have to offer, the Bureau des Guides is organising ice-climbing courses for beginners. They head for the Cascade de la Fare: a gem of a frozen waterfall, located in the heart of a peaceful, unspoilt area. Access is via the «DMC 1» cable car on touring skis, before gradually entering the world of mountaineering. It takes an hour to reach the icefall, where you can practise using crampons and ice axes in complete safety. Ski touring, climbing, abseiling and returning on skis all add up to an exciting programme for the day.

→ Private guide (for a group of 1 to 4 people): €450 per day. Group outing: €150 per person per day

→ guidesalpedhuez.com / +33 (0)4 76 80 42 55 / info@guidesalpedhuez.com



📍 LES 2 ALPES

ROCKET SKIING!

How about a little challenge to spice up your day's skiing? To make sure you have loads of fun during your holidays, Les 2 Alpes has set up jump zones and parallel slaloms on its runs. There's also a speed radar hidden between two bends... But don't panic, this one lets you go as fast as you like! So put on your skis and go for it, with your family or friends, whether for a jump, a slalom or a time trial. How about an added bonus? Smile, you're on camera! - videos of your exploits will be recorded on your ski pass!

→ It's free - just scan your skipass as you enter the area, then head off down the timed parallel slalom. Track your time on skiline.cc/home

→ Sata 2 Alpes (ski lift company): les2alpes.com/hiver/offres/spots-defis-slalom-parallele-les-deux-alpes-fr-hiver-3477520 / +33 (0)4 76 79 75 00

📍 OULLES

A SKI TOURING PARADISE

As the smallest village in Isère, Oulles is a place of peace and calm. It's also a mecca for ski touring enthusiasts, as the Taillefer massif is a real winter wonderland. The breathtaking scenery and routes can be explored on ski touring outings for all levels. The Grand Galbert, for example, is an ideal day out as it's never very steep and you can reach the summit from Oulles and enjoy spectacular views of the

Belledonne massif. The combes and steep slopes that make up the massif also allow the diehard ski tourers to enjoy more challenging outings. And for a 100% ski touring holiday, why not book «Le Chalet»: a 6-person flat with an authentic mountain atmosphere that is perfect as a ski touring base camp!

→ Contact a guide: guidesoisans.com

→ Route info: oisans.com

→ Le Chalet : oisans.com/hebergement-lo-catif/le-chalet/

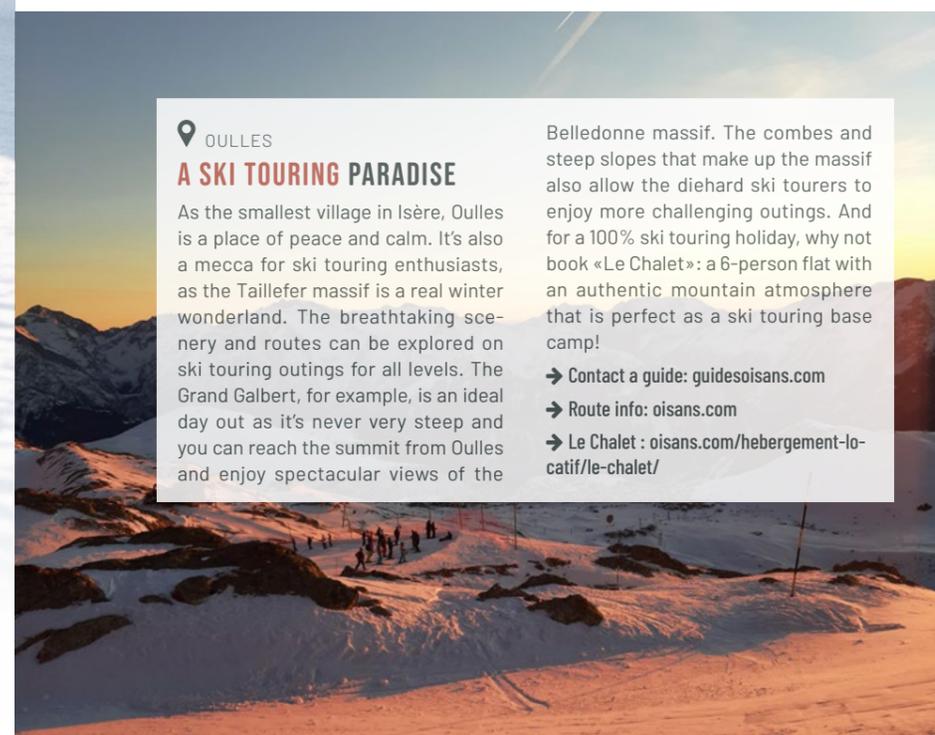
📍 VAUJANY

SUNSET SKIING

Every Wednesday marks the start of an unforgettable adventure... Late afternoon, skiers hop on the last Dôme des Rousses cable car, taking them up to an altitude of 2,800 metres. In the last rays of sunlight, they share a snack made from local produce, learn about the work of the ski patrollers and take in the scenery all around them... This unique experience ends with a long descent on skis with headtorches, in the peace and quiet of the surroundings, back to the resort of Vaujany.

→ Prices (subject to change): €20/pers. ; family (2 adults and 2 juniors aged 13 to 22): €15. Good ski level required (ungroomed red runs).

→ oz-vaujany.com / +33 (0)4 76 11 42 70



MY HOLIDAY STYLE...

COL D'ORNON ...SKIING AND COCOONING IN NATURE



After a great day's cross-country or downhill skiing, it's always good to come back to a cosy, relaxing place... So small families (4 people) should head to the Refuge de l'Ourson, and larger families (15 people) to the Tanière de l'Ours. This accommodation, located in the heart of the small family ski resort of Col d'Ornon, is perfect for a winter sports holiday. Enjoy cosy winter evenings after days in the snow, and savour the comfort of these chalets. The added bonus is the gondola from the old Vaujany ski lift in the garden, which means that when night falls, you can curl up among the sheepskins and cosy cushions, in the warm lights, and enjoy an unforgettable raclette or fondue evening...

→ L'Ourson: from €370 to €650 per week,
La Tanière de l'Ours: from €850 to €1,600 per week
→ oisans.com/hebergement-locatif
+33 (0)6 89 30 50 72 / latanieredelours@gmail.com

LA GRAVE ...SWITCHING OFF AT THE REFUGE DE CHAMOISSIÈRE



This authentic chalet hut is located at 2,106 m among the Villar-d'Arène mountain pastures and at the foot of the glaciers. A former sheepfold, it has been renovated in a cosy style, with recycled roof timbers and in a building refurbished using eco-friendly materials (lime, larch and hemp, old wood and centuries-old metal). As it has 220 V electricity, the hut is self-sufficient for 3 days thanks to its photovoltaic panels and a 400 W wind turbine. Photothermal panels provide hot water for the showers and heating, ensuring guests stay comfortable. They are also encouraged to switch off as there is no network in the hut. No 4G, no Wi-Fi, so talk to each other! A sign says in the dining room. A welcome return to conversation away from screens!

→ Half-board €40 (children) and €53 (adults)
In winter: mid-March to early May, weather permitting. Accessible on touring skis.
→ chaletrefugedechamoissiere.fr
+33 (0)6 30 34 04 04
chaletrefugedechamoissiere@gmail.com

ALLEMOND ...AVENTURE IN A CAMPERVAN



Campervans are welcome in Allemond! Throughout the winter, the municipal campsite «Le Plan» is transformed into a 15-pitch campervan site. Situated at the foot of the new «Eau d'Olle Express» cable car, which whisks visitors up to Oz 3,300 and the Alpe d'Huez Grand Domaine in just 8 minutes, the location is ideal and the resorts are within easy reach. What's more, for total peace of mind, the area is completely enclosed and a host of services are still available, including electric hook-ups, toilet blocks with heated showers and a chemical toilet for emptying waste water tanks. What luxury!

→ Open from 10/12/2023 to 16/04/2024
Rates: €20 per night + tourist tax or €330 per month + tourist tax
→ oisans.com/camping/Aire-daccueil-pour-Camping-Car / +33 (0)4 76 80 71 60

SAINT-CHRISTOPHE-EN-OISANS ... IMMERSIVE : A REFUGE IN THE WILD

Nestling in authentic, unspoilt surroundings overlooking the Vénéon valley, the Alpe du Pin hut, set on a magnificent belvedere, promises a contemplative and unusual experience. Built in 1947, this haven of peace has preserved its authenticity, while adapting its comfort to today's requirements. After a snowshoe hike, it's a great place to spend one or more nights, enjoying stories around

the stove. As the hut is unguarded in winter, the keys can be collected and overnight stays paid for at the Hôtel de la Cordée before the full immersion in an unforgettable adventure...

→ In winter: call +33 (0) 4 76 79 52 37 to collect the keys. Start point: Les Granges below Saint-Christophe-en-Oisans. Approx. 1 hr 30 mins walk. Warning: this is a hike in a snow-covered, mountain environment, so check the weather and conditions beforehand.

→ Rates: €10/night/person
oisans.com/hebergement/refuge-de-lalpe-du-pin



GREAT PLACES TO STAY

LE BOURG-D'OISANS LUXURY HOLIDAYS AT THE HOTEL DES ALPES DUPLEX

The Hôtel des Alpes, one of the oldest buildings in Bourg-d'Oisans, has been completely refurbished and redecorated Alpine-style to provide upscale holidays for guests. The duplex apartment is one of the hotel's special features: 54 m of comfort for 6 people with a kitchen, lounge area, double bedroom, mezzanine and bathroom. This cosy apartment offers the kind of independence guests really appreciate on holiday. Its location in Bourg-d'Oisans makes it ideal for getting to the resorts of Alpe d'Huez, Les 2 Alpes or Col d'Ornon. Guests can be on skis in these resorts within 30 minutes of leaving the hotel! And after a good day's skiing, on with the swimming costume for a relaxing moment in the hotel spa, with its jacuzzi and sauna.

→ Rates: €72 to €102 in winter - Spa: €8.50 per person for 45 minutes
→ hoteldesalpesoisans.com/hotel-spa-bourg-oisans
hoteldesalpesoisans.com/suite-duplex / +33 (0)4 76 80 00 16 / hoteldesalpesoisans@gmail.com



LE FRENEY-D'OISANS AT THE RESORT CROSSROADS: THE 'ZEN ATTITUDE' CHALET

«Zen attitude»: this magnificent wooden chalet truly lives up to its name. With its private garden, south-facing terrace, garage and balcony, this comfortable accommodation located in Le Freney-d'Oisans is at the crossroads of the ski resorts. It's perfect for enjoying winter sports in the surrounding area, with easy access to La Grave, Alpe d'Huez, Auris-en-Oisans and Les 2 Alpes. Providing 125 m of living space for 6 people, it's a great place for a holiday with family or friends. There are 3 large double bedrooms, a children's play area, a mezzanine and an added bonus: a table football table to liven up the evenings!

→ Rates: weekly rental from €800 to €1,600
→ oisans.com/hebergement-locatif/zen-altitude / +33 (0)4 76 40 79 40 / location@gites-de-france-isere.com



SAINT-CHRISTOPHE-EN-OISANS THE LEGENDARY «LA CORDÉE» HOTEL

Built in 1907, La Cordée is one of the most famous hotels in the Vénéon valley. The history of this establishment was written over the course of the last century, and today it exudes a quite unique atmosphere. The environment of this hotel has remained almost unchanged since then, with the traditional rooms giving a real soul to this place steeped in history. La Cordée mainly welcomes mountaineers, but tourists in search of rustic charm and simplicity also enjoy staying here. As well as providing accommodation, La Cordée is also a restaurant, literary café, a shop selling a variety of local products and books, and a hammam.

→ Rates (2022). Double room: €55 Half-board: from €44 to €66/pers.
Full board: from €55 to €77/pers.
→ hotel-la-cordee.fr
+33 (0)6 88 31 88 70 ou +33 (0)4 76 79 52 37

VILLARD-RECLULAS NEW: THE AUBERGE «DEMEURE SAUVAGE»

Once upon a time, there was Casa Sauvage, a pizzeria in the heart of the village resort of Villard-Reclulas, which opened its doors in the winter of 2021, headed by the passionate chef, Paul Gallant. Driven by the desire to open his own place, he first renovated the restaurant, and will be opening the doors of his auberge this winter. Completely refurbished, decorated with care and offering warm, intimate spaces, the Auberge «Demeure Sauvage» is set to offer 10 delightful rooms. Just a few minutes from the ski slopes, this will be the ideal place for a quiet stay, in an atypical setting where peace and relaxation are the key words. Guests can also enjoy the restaurant and its tasty dishes, lovingly prepared using local produce.

→ Rates: from €99
→ demeuresauvage.com / +33 (0)4 76 79 54 35
paul-gallant@hotmail.fr



Peak HOSPITALITY!



📍 LA GRAVE
**3* FOR THE HÔTEL CASTILLAN
AND A «FAMILY HOTEL» LABEL!**

Located in La Grave, the Hotel Castillan is a cosy place to settle for your holidays. Nestling in the heart of the village, it cultivates the tradition of warm, friendly living. The owners welcome guests with open arms and ensure everyone feels at home. Quality services are on offer, including a sauna, garden, children's play area, restaurant with traditional menus based on local produce and cosy rooms. This winter, the Hôtel Castillan is proudly displaying its newly-acquired 3-star status! The added bonus is that its «family hotel» label (a voluntary grouping of independent hoteliers united around shared values) means that families and children are not only welcome, but will be pampered...

→ Rates: double room from €97 to €105
→ le-castillan.com / +33 (0) 4 76 79 90 04 / castillan.hotel@wanadoo.fr

📍 VILLARD-NOTRE-DAME
**NEW: THE AUBERGE LA
BRINDILLE OPENS ITS DOORS!**

La Brindille will soon be welcoming its first guests in a warm and friendly atmosphere. This is a restaurant where only local, mouth-watering cuisine is allowed: «everything here is home-made, even the house!» Delicious meals can be enjoyed at lunchtime, gazing out over the surroundings from the comfort of the restaurant with its panoramic view. In spring 2024, La Brindille will also open its guest rooms, where the owner will be focusing on conviviality and a warm welcome for her guests in a family friendly setting. All-inclusive breaks will be on offer, including yoga, accompanied snowshoeing and ski touring outings. As you will have gathered, sharing is THE priority here!
→ auberge-labrinville.fr (site en construction)
+33 (0) 6 83 32 50 53 / ob.brun@gmail.com

📍 AURIS-EN-OISANS
**A NEW CHEF AT THE AUBERGE
DE LA FORÊT*****

The Auberge de la Forêt is a hotel-restaurant located in a former sheep barn in the hamlet of Les Cours, proudly displaying its brand new 3* rating. It's a warm and cosy place where you can spend time with family and friends, enjoying the delicious food of new chef Simon Morel. Passionate about his craft, a true magician of flavours and well known to gastronomy enthusiasts, this chef was previously a judge at a renowned hotel school. After a great day's skiing or snowshoeing, or just for a bite to eat, come to Auris-en-Oisans!

→ Prices: €17 to €59 per dish
→ auberge-auris.fr
+33 (0) 6 10 18 82 57 / auberglf@gmail.com

📍 VILLARD-RECLUS
**HOMEMADE, ULTRA-LOCAL
PRODUCTS AND «MADE IN OISANS»
DÉCOR**



This stable used to be home to a mule called Bijou and a few goats. Today it's a tastefully decorated gourmet bistro, where you can have a great time together over a delicious meal. Caroline passes on her passion for good food, delightfully served on tableware created by potters from Venosc and Bourg-d'Oisans. The menu includes local meats, charcuterie and cheeses, home-made drinks and delicacies from the Oisans region... For an afternoon treat, try the chocolate fondue accompanied by wonderful madeleines, marshmallows and gingerbread. Last but not least, there's more to the experience than eating, as guests can also enjoy yoga, body zen, hiking, craft or art workshops, followed by brunch, snack or lunch! Tempting, n'est-ce pas?

→ Prices: dishes from €9 to €27 per person approx.
→ oisans.com/restaurant/le-bijou-bistrot-gourmand
+33 (0) 6 31 13 26 20 / caroline.brottes@orange.fr

IMMERSED IN NATURE



📍 VILLARD-NOTRE-DAME
SKI TOURING AND GROUSE



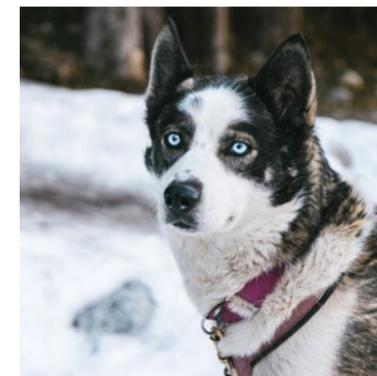
Black Grouse are birds that live in the heart of nature and don't like to be disturbed. They are sedentary and about the size of a hens, living in sorts of igloos throughout the winter, where they keep the temperature at around 4°C. In Villard-Notre-Dame, black grouse are quite abundant, particularly near the Croix du Carrelet, which is a popular spot for ski touring and snowshoeing. As nature belongs to us all, it's everyone's duty to protect it. The Black Grouse needs protection and as they are fragile creatures, the approach of humans causes them to flee, seriously compromising their equilibrium. To protect them, the Écrins National Park has put up signs showing areas to be avoided. This information helps to make outdoor sports and environmental protection compatible, so that everyone can enjoy ski touring in a sensible way.

→ villardnotredame.blog4ever.com/articles/biodiversite

📍 ALLEMOND
MINI-MUSHERS

Feel what it's like to be a musher for a few hours, thanks to this unique experience. The Ehawee team promises a moment of sharing and complicity between the children and the sled dogs, as they cuddle, groom and pamper the animals, rescued from mistreatment and abandonment. Agility courses, simple games and competitions with the dogs are also an opportunity to learn how to manage and lead the animals. This fabulous 2-hour experience will delight children aged 6 and over.

→ Prices: €10 per child (an adult must be present) - booking essential on the site or at the Allemond tourist office.
→ ranchdeloisans.com / +33 (0) 6 95 31 93 96
team.ehawee@ranchdeloisans.com



📍 ORNON
TEA TREATS AT THE FARM



Yum, it's teatime! At the Cueillette des Sommets farm, you can enjoy delicious organic produce in a range of delectable preparations, including pancakes or waffles with homemade jams and artisan cordials. And what's more, you can find out where everything you're eating comes from by seeing the crops and visiting the farm's laboratory before your tea. Fabienne and Jérôme, who have been always been committed to organic farming, are Ecocert and IsHere certified, through a lot of hard work and tons of enthusiasm. It's a passion that they're happy to share with everyone, through their teas, observations and even a treasure hunt organised for children...

→ Prices: adults: €10 - children aged 4 to 12: €5 - free for under-4s from January to March, by reservation only
→ cueillettedessommets.fr / +33 (0) 7 67 73 69 44
cueillettedessommets@outlook.fr



📍 MIZOËN
**AGRICUL'ŒUR, PROMOTING
RESPECTFUL FARMING**



At an altitude of 1,200 metres, Colin Bonnard produces 100% natural mountain fruit and vegetables, while taking care of his seedlings and plantations. He carries on working throughout the winter, raising mangalitzas pigs, which are a slow-growing Hungarian breed that can live outside all year round, thanks to their long hair that helps them withstand the cold. They're also very useful animals. Brought into gardens at the end of autumn, they prepare the soil so that when spring comes, all that's left to do is level it and plant the crops. Agricul'œur is Colin's registered trademark for farming that respects nature, uses no plant protection products and works in harmony with plants and animals, with very little mechanical labour. This is agriculture that promotes a diversity of activities and produce, for a future focused on farms on a human scale.

→ Facebook : coco jardin
+33 (0) 6 13 55 44 53 / colinbonnard@gmail.com

CHANGING PERSPECTIVES AT NIGHT

VILLARD-RECLAS NIGHTTIME SNOWSHOEING

Here's an experience that encourages you to let go and open your mind to new sensations. Departing from the resort, a small group of at least 4 people, guided by an ESF instructor, sets off to explore the surrounding slopes and trails for a 1h30 outing. Snow crunches under the snowshoes, the forest muffles the sounds, the lights of civilisation fade into the distance, and only the breathing of the walkers provides the rhythm. Along the way, the instructor will share the secrets of the Oisans fauna and flora, animal life in winter and tales of the region. Departure from the ESF chalet. Snowshoes, poles and headlamps provided.

→ Price: from €22
→ esf-villard-reclus.com/fr/raquettes/raquettes-nocturne
+33 (0)4 76 80 40 01
info@esf-villard-reclus.com

LA GRAVE HEIGHTEN YOUR SENSES IN THE MOONLIGHT

Bureau Montagne Horizons is organising a full-moon outing like no other, exploring how to use your senses at night. Snow-shoeing by night requires special focus and listening and as most people are unaccustomed to this, senses are on full alert. The instructor helps with breathing techniques and star gazing, teaching you to overcome your apprehension and enjoy a fun-filled descent with lots of rolling around and laughter. As a bonus, hot drinks and a digestive will you unclench your teeth!

→ Price: €200, divided by the number of participants. Snowshoes, poles and headlamps provided.
→ horizonslameije.com
bureauMontagneHorizons@gmail.com
+33 (0)6 74 20 87 06

LE FRENEY-D'OISANS LEARNING TO PHOTOGRAPH AT NIGHT

Frédéric Gaffiat-Body, an artist, author, photographer and comic book writer living in Freney d'Oisans, offers courses in night photography. With 10 years' experience of travelling the mountains and the world by night, he enjoys sharing his passion and skills with amateur photographers who are curious and keen to learn new techniques. Depending on the time of year and the weather, he chooses the best place to explore and photograph the starry sky. From 8 p.m. to 2 a.m., photographers learn to master the technical aspects of photography, framing, image composition and exposure, which all need to be mastered for a successful circumpolar or Milky Way shot. This very private outing is for a maximum of 2 or 3 people to ensure high-quality instruction.

→ Option of sleeping over at the Gîte Anatase (extra charge)
→ Price: 1 pers. €250 / 2 pers. €450 3 pers. €575
Date to be chosen together.
→ photographies-et-paysages-de-montagnes.fr
f.gaffiat@gmail.com



AURIS-EN-OISANS ASTRONOMY WEEK, FREE!

From 30 December 2023 to 5 January 2024, Cédric, a science facilitator from the Ciel Mon Ami association, is offering a week of learning about the stars, constellations and the Milky Way through a gigantic telescope. Sky and star gazing for children aged 5 and over, and interactive talks for children aged 9 and over. Free and open to all.

→ auris-en-oisans.fr/activites-hiver/animations-evenements/



EXPRESS your creativity

ALLEMOND WORKSHOPS BY ÉLISE

After travelling throughout France and Germany, Elise Allirand settled in Oisans in 2019. This all-round art enthusiast is particularly keen on graphic design, sculpture and architecture. She gently guides and accompanies anyone who crosses her path and wants to bring out their inner child, daring to be more creative. She runs workshops every Saturday in Allemond, bringing together people of all ages on a wide variety of themes, such as «charcoal - light and shade», «oil painting of mountain landscapes» and «portrait modelling». Her workshops are also held in museums and tourist offices.

→ Price: €15 per workshop, or passes for 5, 10 or 30 workshops (sliding scale).
→ Facebook : «Ateliers créatifs - Élise Allirand » / +33 (0)6 85 52 67 70 / ateliers.creatifs.ea@gmail.com

LE BOURG-D'OISANS WINTER LAND'ART

Create a work of art out of nature and its resources! Florence Turc, a visual designer, organises immersive, sensory and creative walks in the depths of winter. The 2-hour walks through the forest are gentle and the rejuvenating effect of a walk among nature gets the creative juices flowing. Guided by Florence, each participant creates an ephemeral work of art using moss, twigs, stones, snow

and all the little things that often go unnoticed but which, under the watchful eye of the budding artists, take their rightful place in the works of art.

→ Price: €30 per person/ Family price €20 per person (from 3 people) Hot drinks and creative materials included in the price.
→ +33 (0)6 10 29 77 99
lesateliersdeflo@orange.fr

VENOSC THE VÉNEON FORGE

Simon decided to settle in Venosc, a delightful craft village linked to Les 2 Alpes ski resort. At the same time as buying his house, he also bought the village forge. After several months' training with some of the best blacksmiths, he has revived this ancestral craft. Using his charcoal forge, he handcrafts unique, solid knives of remarkable quality: kitchen knives, hunting knives, folding knives, wood chisels, stone chisels and even axes! He shares his expertise by organising visits to his workshop, as one of the artisans on the Oisans Savoir-Faire Route, and by organising day-long or 2-day courses.

→ Visits and explanations of his work are available by appointment.
→ oisans.com/commerce-service/la-forge-du-veneon
+33 (0)6 84 27 35 72
smlagrave@gmail.com

AURIS-EN-OISANS A FESTIVAL FOR BUDDING MOUNTAIN PHOTOGRAPHERS

Laurent Chaix, photographer at the Images et Rêves agency, has a good eye for finding original photo angles. A fan of the region, he already organises a number of photographic hikes in Oisans, but he's also taking part in the Auris-en-Oisans free winter photo festival, taking place from March 5 to 15 2024. The programme includes night-time outings and light painting, photo outings in the Auris-en-Oisans forest or local hamlets, drone workshops and more. Over the course of these few days, amateur photographers can learn or perfect their skills in taking photos in the mountains, day and night, as well as framing and perfecting the use of light.

→ Free-of-charge
→ auris-en-oisans.fr/agenda
+33 (0)4 76 80 13 52
info-auris@oisans.com



YUM, THAT'S
SO GOOD!



LA GRAVE

LES FROMENADES, FONDUE IN THE GREAT OUTDOORS

What a great idea! Head out into the snow to enjoy your fondue in peace and quiet, far from the crowds. The Auberge la Reine Meije provides you with a rucksack containing everything you need to make a cheese fondue in the open air. The fondue pot, cheese, sausage, baguette, bottle of wine and cups. All you have to do is put on your cross-country skis or snowshoes and you're all set for a gourmet adventure.

→ Price: €30 for 2 people, €15 per additional person (excluding drinks)
→ reinemeije.com/product/fromenade / +33 (0)6 19 60 62 80

LA GARDE

BREBIFLETTE AND BAB'GÉNÉPI

Don't pass it by! Le Virage 16 is a welcoming, relaxed place to eat at the start of the legendary ascent up to Alpe d'Huez. For lunch and dinner, à la carte or as part of a set menu, guests enjoy traditional alpine dishes, fresh pasta, grilled meat and fish and homemade desserts. But what they're best known for is the Brebiette, a delicious gratin dish made from a sheep's cheese and potatoes.

→ Menu from €21
→ le-virage-16-restaurant.eatbu.com/?lang=fr# / +33 (0)7 61 08 52 37 / levirage16@gmail.com

OZ 3300

FANCY THAT... RÅMEN ON THE PISTES!

Fufu (definition): the noise the Japanese make when they blow on their rāmen noodles to cool them down. Hence the name of this Asian restaurant at the top of the ski run! In keeping with Japanese tradition, the Rāmen are made with wheat noodles and a homemade broth of poultry, pork or fish prepared the same day by the chefs, while the meat is all from France... At Fufu, the show is in the kitchen. There's no background music, just the sound of the food! Check it out on the Olmet piste.

→ Open 7/7 from 11.30am to 4pm, non-stop service
→ restaurantfufu.com



VILLARD-RECLAS

GOATS' CHEESE, RACLETTE STYLE



Clément Marais raises his herd of Saneen goats in the hills above the village. These stocky, sturdy goats with a calm temperament are originally from Switzerland, so are perfectly suited to life in the mountains. They produce creamy milk that Clément turns into tomme, fromage frais and raclette cheeses! It's unusual, but so delicious! Tasting this cheese melted onto a potato on a cold winter evening is an experience not to be missed.

→ +33 (0)6 73 16 53 19 / clementmarais@live.fr

A MOMENT OF *relaxation*

ALLEMOND - OZ 3300 - VAUJANY

NORDIC WALKING: HIKING FOR YOUR HEALTH

That say walking comes naturally, and it's true, but Nordic walking is something else! Using long poles that you hold with a gauntlet in such a way that forces you forward, while matching your breathing to your longer stride, and you're set for a gentle or more strenuous hike, but one that's good for your whole body and gets your heart pumping. Christèle Fitzen, a fitness and wellbeing coach, organises this outdoor activity with attentiveness, an instructive approach and plenty of cheer.

Group sessions outdoors at your resort or at locations recommended by Christèle.

→ Level: Open to all ages and fitness levels.
Price: children (minimum height: 1.40 m) and adults: €15
→ christelefitzen.addock.co / +33 (0)6 07 78 12 01 / christele.fitzen@hotmail.com

LE BOURG-D'OISANS

A WEEK OF YOGA FOR SELF-FULFILMENT



From 24 to 31 March 2024, at Lauvitel Lodge in a small hamlet in La Danchère, away from the hustle and bustle, yoga and relaxation enthusiasts can get together for a week devoted entirely to well-being. Bordering the Ecrins National Park, the atmosphere is perfect for yoga. Patrick Adrien, a yogi since 1992 and a graduate of the École Française de Yoga, has been teaching hatha yoga since 2008. He is also trained in 2nd degree Reiki, has learned the Feldenkreis method, and practises hypnosis. His approach is one of kindness, with a full programme of meditation, yoga, Tai Chi, and ski or snow shoe outings.

→ Price: from €900/person. (including food & board and the wintersport activities)
→ lelauvitel.com/fr/experience/retraites/yoga-dans-la-neige
patrick.adrien1@gmail.com

LE FRENEY-D'OISANS

DISCOVER BIOKINERGY

A new word for a new practice. Combining physiotherapy, osteopathy and traditional Chinese medicine, Biokinergy (bio for life, ciné for movement and énergie, energy) is a manual therapeutic technique that aims to bring the body back into optimal functioning by restoring its biological balance. It is used to treat a range of osteoarticular, myofascial, visceral, energetic and psychological dysfunctions. Julie Hautbois, a physiotherapist and masseur for 13 years, has trained in this practice to broaden her skills and provide new solutions for her patients' pain.

→ Prices: Biokinergie session - €60 for adults and €30 - €45 for children
→ facebook.com/Julie-Hautbois-100552055203894
+33 (0)7 66 42 22 40 / Julie.hautbois@live.fr

VENOSC

THE VÉNÉON VALLEY SHAMAN: HANDS OF GOLD

Touch is such a subtle and personal sensory experience! Nicolas Ponton developed it first as a ceramist, and then by becoming a therapist after years of studying traditional Chinese medicine and art therapy. In 2005, he became a practitioner of Chinese energetics and set up his business, initially in his native Ardèche, before moving to Oisans in 2018. He now uses acupuncture, Tui Na massage and therapeutic touch (magnetism) to help others, as well as offering advice on diet and balanced lifestyles. His aim is to free people from physical, emotional and/or mental hindrances, so that they can live their lives fully and serenely. He is available all year round, by appointment, at his new practice in the centre of Venosc.

→ Energy assessment 2h/€70 - Tui Na massage 1h/€60 - 1h30/€80 - Energy treatment 1h/€50
→ nicolas-ponton.com / +33 (0)6 10 54 82 33 / contact@nicolas-ponton.com



EXPERIENCE THE MOUNTAINS *in a different way*



📍 OZ 3300

MOONTAIN HOSTEL AND THE MOONTAIN ROCK FESTIVAL

Hostels are the latest trend in the world of tourism. The idea is simple: a warm, modern place where people from different backgrounds can come together. 5 years ago, the Moontain Hotel was the first of its kind in the mountains. Stylish, connected and modern, it's a place where people can socialise. With its twenty or so shared or private rooms, travellers have a choice of accommodation options. In terms of catering, the hostel is open to outside guests and focuses on small producers and local produce. The all-you-can-eat raclette dinner (€21) is not to be missed. The organisation, alongside Mutualia, of the 3-day Moontain Rock festival in aid of the Espoir Contre le Cancer charity on 18, 19 and 20 February underpins the Moontain Hostel's ethos of sharing.

→ moontain-hostel.com / +33 (0)4 76 79 84 49 / reception@moontain-hostel.com



GREEN TRAVEL

📍 ALPE D'HUEZ

ALPE D'HUEZ, THE FIRST FRENCH RESORT TO USE HYDROGEN POWERED SNOW GROOMERS AND BUSES



A historic partnership was signed several months ago between the SATA Group (the Alpe d'Huez ski lift company), the transport company Resalp and GCK to equip Alpe d'Huez with 5 snow groomers and 3 buses retrofitted to run on hydrogen. Backed by the Auvergne Rhône-Alpes region, which fully supports the resort's ambitions and the Oisans region to move towards sustainable tourism and a cleaner mountain environment, these new zero-emission snow groomers will be tested for the first time this winter in real conditions, on snow-covered slopes and at sub-zero temperatures. They boast the same climbing and acceleration capacities as combustion engines, and an operating range of 8 hours! This green initiative will open the door to encouraging other resorts to follow in its path to adopt a more virtuous approach to mountain sports...

→ Sata Group - Thaïs Wilhelm - Chargée de communication (thaïs.wilhelm@sataski.com)

📍 LA GRAVE ET VILLAR-D'ARÈNE

DOGS ARE THEIR BEST FRIEND

Every dog wants to come to La Grave and Villar-d'Arène and we understand why! Céline from the Conciergerie de la Mee spoils them endlessly, enabling their owners to ski with complete peace of mind. The dogs are pampered in 1-hour, half-day or full-day packages. Perfect for those who love being outdoors!

→ €12 for 1 hour, €30 for 4 hours, €60 for a full day

→ +33 (0)6 87 49 86 66
conciergeriedelameije@gmail.com

📍 VILLARD-RECLUS / AURIS-EN-OISANS

IN AN ELECTRIC CAR



Accommodation is going green, with the installation of electric charging points for vehicles.

CHALET OBERIG IN VILLARD-RECLUS

Thanks to a recharging point in the car park, the Oberig is the perfect place to come on holiday with your electric car. Enjoy a really comfortable stay just 50 metres from the slopes, in a chalet decorated to a very high standard. Top-class facilities: wellness area, sauna and hammam, gym, cinema room, video games area and a billiards table are all included. The chalet is very quiet and well situated, with large terraces, balconies, a garden, Wi-Fi, 5 bedrooms and 4 bathrooms. 250 m² to recharge both your batteries and those of your car!

→ Price: from €2,980 to €6,980 for 12 people

→ chaletoberig.com / +33 (0)6 66 30 50 48 / contact@chaletoberig.com

CHALET DE L'INFERNET IN AURIS-EN-OISANS

Chalet de l'Infernet in Auris-en-Oisans boasts incredible mountain views. With its 2 spacious guest rooms and delicious meals served by the owner (breakfast included and dinner served on request at €25, excluding drinks), you can be sure of a relaxing holiday. Above all, holiday-makers can recharge their electric cars using the fee-paying Green'Up service.

→ Price: €107.50 per night for 3 nights or more for 2 people (breakfast, tourist tax, tea and coffee included)

→ auris-en-oisans.fr/meuble-gite/chalet-de-linfernet / +33 (0)6 67 15 28 18 / cosman.gast@gmail.com

📍 VAUJANY

PARA-SKIING: THE ESF SUPPORTS SPORT FOR ALL

The Vaujany ESF supports sport for everyone. With a view to teaching para-skiing to as many people as possible, the ski school has invested in high-performance equipment and has begun training 8 instructors. They can now guide people on 6 sit-skis (depending on their disability). The aim is to enable everyone to ski as a family and to train people to ski independently, as well as helping those accompanying them to manage the equipment.

→ Lessons are mainly outside of the school holidays and equipment is loaned for the lesson. 2 dual-skis, 1 mono-ski, 1 kart-ski, 1 GMS (sit-ski chair similar to a dual-ski) and soon 1 tandem

→ Price: €100 for 2 hours

→ esf-vaujany.fr/tarifs-reservations / +33 (0)4 76 80 71 80 / info@esf-vaujany.fr

📍 OISANS

FREE SHUTTLES TO EXPLORE OISANS, SKI IN ALL THE RESORTS AND MEET LOCAL ARTISANS

Oisans is a very diverse area, offering a wide range of experiences for holiday-makers. Skiing, of course, but also mountain activities and visits to villages. In winter, taking the car can be a nuisance, especially when you have to shovel snow! Oisans has thought of everything by setting up free shuttles to link the valleys: from Venosc village (and Les 2 Alpes via the cable car) to Bourg-d'Oisans, as well as to the Eau d'Olle valley at Allemond (Oz 3,300 and Alpe d'Huez via the Eau d'Olle Express lift) and Vaujany. The shuttle runs 7 days a week and has a ski trailer so you can ski in the resorts without taking your car, visit the villages and meet the 45 artisans and visit the museums on the Oisans Savoir-faire Route.

→ Artisans : oisans.com/decouvrir/route-savoir-faire

→ Shuttles: ccoisans.fr/2023/05/30/navette-gratuite-en-oisans

📍 VALLÉE DU FERRAND

CHALET DE LA BOIRE, IN THE MIDDLE OF NOWHERE

Chalet de la Boire is one of the most magical places in Oisans. This 6-bed former mountain pasture chalet clings to the mountainside at an altitude of 1,900 m, opposite the peaks, making it a delight to laze around on the south-facing terrace. In winter, only ski tourists and snowshoe trekkers have access. This amazing place has been ecologically renovated using local wood, ecological insulation materials, dry toilets, renewable energy thanks to solar panels (12 V electricity) and hot water depending on the amount of sunshine! For cooking, you have to rely on the wood-burning range (or use the gas cooker, of course!) and for water, you either have to melt the snow or bring your own bottled water. The owner, who is a trek leader, can accompany you to the refuge on snowshoes.

→ Price: €90/night

→ refugedelaboire.fr

+33 (0)6 87 42 59 49

yvan.bidalot@gmail.com



📍 VILLARD-REYMOND

A SINGLE SKI LIFT IN THE VILLAGE, MADE FROM RECYCLED MATERIALS AND RUN BY VOLUNTEERS

This little hilltop village lives peacefully to the rhythm of the seasons. At its highest point is a ski lift covering 40 metres of ungroomed snow, which is like a giant piece of mecano, created by assembling spare parts from resorts in the Vercors and Oisans. The parts were assembled by volunteers from Le Renouveau, the association that now runs it, with the help of the STRMTG (the body responsible for checking the safety of ski lifts and conveyor belts in mountain resorts) to ensure compliance with safety standards. For their part, the villagers run the lift on a voluntary basis alongside Jacques, who has been operations manager for the last 10 years, and Olivier, his deputy, who also runs the Gite de l'Eau Blanche. There is a €7 charge for each day the lift is open, to help fund the future creation of cross-country ski trails.

→ Lift operations manager:

Jacques Loidice / +33 (0)6 18 91 17 45





Le Freney d'Oisans ©Images et rêves

#OISANS

AUTHENTIC MOUNTAINS JUST 4 HOURS FROM PARIS!

BY ROAD

→ Motorway from Paris, Lyon, Marseille and Geneva to Grenoble. From Grenoble, follow signs for Sisteron/Gap on the A480 motorway, exit 8 Vizille-Stations de l'Oisans. Then follow the N85 to Vizille, then the D1091 towards Briançon.

→ Bourg-d'Oisans is 50 km from Grenoble and 45 minutes from exit 8.

BY PLANE (Choose greener travel wherever possible)

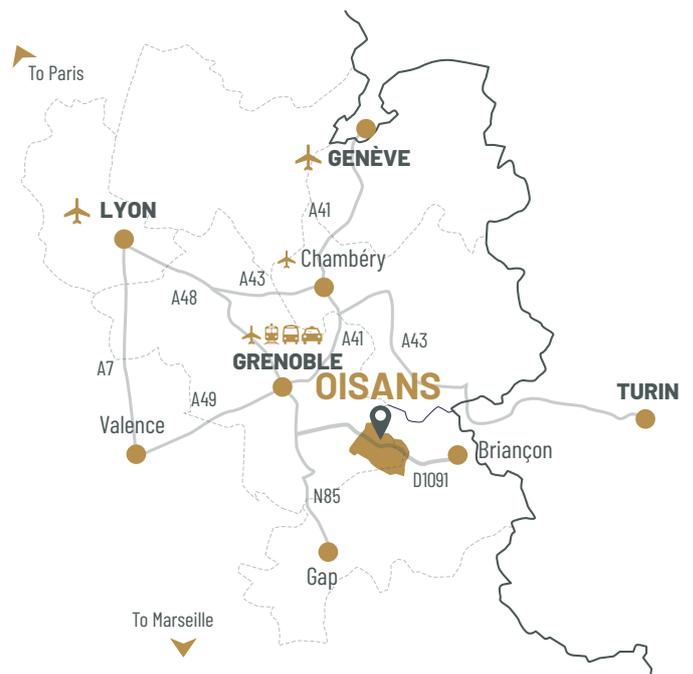
→ Grenoble - Isère airport is 91 km from Bourg-d'Oisans

→ Lyon Saint-Exupéry airport is 139 km from Bourg-d'Oisans

BY TRAIN

→ TGV Paris-Grenoble, 3 hours and regular trains. Connections by bus to Bourg-d'Oisans and the main towns in the Oisans region with Transisère (www.transisere.fr) and Lignes Express Régionales (www.bus-et-clic.com/ler35)

→ Geneva International Airport is 192 km from Bourg-d'Oisans



Links
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OISANS

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