

PRESS KIT

# OISANS

THE MYTHICAL **ALPS**

SUMMER 2022

ALPE D'HUEZ  
LES 2 ALPES  
OZ-EN-OISANS  
VAUJANY  
LA GRAVE

LE BOURG-D'OISANS  
ALLEMOND  
AURIS-EN-OISANS  
LE FRENEY-D'OISANS  
ORNON

SAINT-CHRISTOPHE-EN-OISANS  
LA BÉRARDE  
VALLÉE DU FERRAND  
VILLARD-RECLUS  
VILLARD-REYMOND...



**OISANS**  
LES **ALPES** MYTHIQUES  
\* THE MAGIC OF THE **ALPS**



## OISANS

#local

## IN FIGURES

- **2 départements**
- Elevation from **475 m to 4,102 m**, with almost **40 peaks over 3,000 m**
- **3 international ski resorts**
- The **Ecrins National Park** and many glaciers
- **1<sup>st</sup> tourist destination in Isère** with 2.5 million bed nights per year
- **22 village resorts**, including 2 listed villages
- **24 mountain huts**
- **5 offices of guides** and trek leaders
- **10 museums**
- **42 artisan members** of the Oisans Savoir-Faire Route
- **Twenty events** of national or international scope

## NEWS

## SELF-SERVICE BEERS, INNOVATION FOR DISCOVERING NEW TASTES

*Auris-en-Oisans, Le Bourg-d'Oisans*

Who said that technology and conviviality don't mix? The Comptoir à Pizza in Auris-en-Oisans and the Goodwin Brewery have come up with a concept that is both fun and innovative and will no doubt go down a storm with beer lovers and those who love a new idea: self-service draught beers! In a refurbished, cosy mountain decor,

you can take the time to taste a wide selection of beers (world beers, local & craft beers) in good company. It's an original concept that's perfect for meeting people, sharing and discovering new flavours!

➤ **Le Comptoir à Pizza** in Auris-en-Oisans:  
[www.auris-en-oisans.fr/restaurant/le-comptoir-a-pizza/](http://www.auris-en-oisans.fr/restaurant/le-comptoir-a-pizza/) -  
+33 (0)9 81 10 10 07

➤ **The Goodwin Brewery** in Le Bourg-d'Oisans  
+33 (0)6 82 34 65 41 - [www.goodwinbrewery.com](http://www.goodwinbrewery.com)



## LOCAL PRODUCTS 24 HOURS A DAY WITH THE "CASIERS DE L'OISANS"!

*Le Bourg-d'Oisans*

Do you want local products at any time of the day or night? Well, you can now, thanks to the Casiers de l'Oisans, a self-service distributor of local and regional products from Oisans and a radius of up to 80 km. Open 24 hours a day, the shop is located near Bourg-d'Oisans town centre.

➤ 167 rue des Cristalliers, 38520 Le Bourg-d'Oisans  
[lescasiersdeloisans@gmail.com](mailto:lescasiersdeloisans@gmail.com)



## VAUJANY, HOME OF THE PARIS 2024 OLYMPIC GAMES PREPARATION CENTRE

*Vaujany*

Thanks to its sports facilities and experience in hosting high-level sports teams, Vaujany has been chosen to welcome French and foreign delegations as part of their preparation for the Paris 2024 Olympic Games. This involves fencing and wheelchair fencing, Olympic and Paralympic road cycling, as well as the triathlon. It's a great initiative that highlights the sporting dynamism of both the resort and the region as a whole!

➤ +33 (0)4 76 85 11 91 or +33 (0)6 60 33 67 84  
Vaujany resort: [armelle.wendling@mairie-de-vaujany.fr](mailto:armelle.wendling@mairie-de-vaujany.fr)

## OPEN-AIR CO-WORKING

*Les 2 Alpes*

In light of the boom in remote working, Marie has opened Le Cairn, the first co-working space open year round in Les 2 Alpes. The two rooms and small office are comfortably furnished and well equipped (broadband internet connection, kitchen area, secure lockers, etc.), meaning that you can now work from an altitude of 1,600 m! Whether extending your stay or simply coming to relax in the mountains, the Cairn is the perfect place to take full advantage of the mountains, while keeping up with your work projects.

➤ 1h15 from Grenoble, in the Ecrins National Park.  
€ 25 per day, €15 per half day  
Contact : [www.lecairncoworking.fr](http://www.lecairncoworking.fr)



## PRESERVE A TREASURE



## PRECIOUS ECOSYSTEMS: THE LAKES OF PETITES ROUSSES, A NATURAL HERITAGE SITE

*Oz-en-Oisans*

On a plateau overlooking the resort of Oz, at an altitude of 2000 m, the lakes of Petites Rousses form a rare natural site, listed as Natural Heritage. Lac Carrelet, Lac Lamat, Lac Faucille, Lac Noir and Lac Besson follow one another from north to south. A hike organised by Oz tourist office sets out to explore the secrets of the wetlands and their fragile and fascinating ecosystems along the banks of these natural mirror lakes. It's an exceptionally well-preserved landscape with unspoiled beauty.

➤ **Oz-en-Oisans Tourist Office**  
+33 (0)4 76 80 78 01 - [www.oz-en-oisans.com](http://www.oz-en-oisans.com)



## PURE WATER: "GOOD STATUS" FOR THE VÉNÉON RIVER

*Vallée du Vénéon*

Every summer, walkers, fishermen and white water sports enthusiasts enjoy the Vénéon river, an outstanding, pure and preserved site in the heart of the Ecrins National Park. This magnificent mountain stream has been awarded the "Good Status" label, downstream of the Plan du Lac EDF facility to where it joins the Romanche. Awarded by the Rhône Méditerranée Corse water agency, the "Good Status" label attests to the good ecological quality of rivers and rewards the efforts made to maintain and improve this quality.

➤ [www.ecrins-parcnational.fr/breve/riviere-etat-label-veneon](http://www.ecrins-parcnational.fr/breve/riviere-etat-label-veneon)

## CLEANER TRANSPORT: THE VALLEY LIFTS

Valley lifts are a clean mobility solution to reduce traffic and provide a fast, safe and environmentally friendly link between the valley and the high altitude resorts. They are a step forward in the development of travel practices that aim for a zero carbon mountain environment. There are two valley lifts in the area:

- > The Eau d'Olle Express, linking Allemont to Alpe d'Huez in 8 minutes
- > The Venosc cable car, going up to Les 2 Alpes in 8 minutes.

➤ [www.oz-vaujany.com/fr/](http://www.oz-vaujany.com/fr/) - [www.skipass-2alpes.com](http://www.skipass-2alpes.com)



## USING THE POWER OF NATURE: THE SARENNE HYDROELECTRIC POWER STATION

*La Garde-en-Oisans*

The Sarenne power station is the only hydroelectric power station currently being built in France. From 2024, it will supply 16,000 inhabitants (more than the permanent population of the Oisans) with clean, renewable electricity. The Sarenne waterfall is a choice site for this hydroelectric scheme, which has an installed capacity of 11 MW. This future scheme involves 3 communes in Oisans, namely Huez (where the water intake is located), La Garde-en-Oisans and Le Bourg-d'Oisans.

This development pays close attention to respecting biodiversity and taking into account the fragile mountain environment.

➤ +33 (0)4 76 80 03 21 - [mairiedelagarde@orange.fr](mailto:mairiedelagarde@orange.fr)



## SETTING AN EXAMPLE: THE ECO-ACTIONS OF THE HOTEL DE MILAN

*Le Bourg-d'Oisans*

At the Hotel de Milan, every detail is optimised to create an eco-friendly hotel. There is no green-washing here as ecology is a real way of life and one of the founding values of the establishment. In fact, everything is designed with sustainability in mind: salvaged furniture, local products, a charging station (bikes/cars) for guests, advanced awareness of selective sorting, organic cosmetics and cleaning products, towels and sheets on request, and a booklet on respecting and preserving nature and the local area...

We rate this beautiful and friendly hotel 20/20 and aim to follow its example

➤ [surlaroutedesalpes.com](http://surlaroutedesalpes.com) +33 (0)4 76 80 01 23



# THE LOCALS



## LAND WORKERS IN AURIS-EN-OISANS

Firstly, there's Marie-Aline, producer of vegetables, fruit and aromatic plants, making jams, syrups, oils and aromatic salts, without forgetting her wild garlic and vegetable pickles. And then there's Anne, beekeeper and saffron producer: 2 portraits of incredible women who have chosen to settle in Oisans, to return to simple values, to the land, and who are overflowing with enthusiasm for their work!



#savoir-faire



## ALAIN GARDENT, THE LIVING MEMORY OF AURIS-EN-OISANS

Alain is a witness to the evolution of time and of life in Oisans. Born in the hamlet of Les Châtaignes, in Auris-en-Oisans, he grew up surrounded by work on the land and with wood, before opening a sports shop and then returning to Les Châtaignes to enjoy his retirement. He's full of fascinating stories and anecdotes!



## PIERRE-HENRI PEYRET, PRESERVING THE ÉCRINS NATIONAL PARK

Head of the Oisans-Valbonnais sector of the Écrins National Park, Pierre-Henri knows everything about this incredible natural area. He admires it, protects it, raises awareness among hikers, shares his discoveries and encounters, and leads workshops... so that this "jewel box" of nature and biodiversity survives the problems and aggressions of time!



#passion



## JEAN-PHILIPPE AMPRINO, A PASSION FOR CYCLING!

A former member of the Mavic breakdown team for the Tour de France, the Dauphiné Libéré, Paris-Roubaix and many other cycle races, Jean-Philippe knows the secrets and anecdotes of the Tour de France better than anyone. He has been running the "Cycles et Sports" shop in Bourg-d'Oisans since 1996, and a visit to his shop is a fascinating journey into the world of cycling!



## PHILIPPE ET PASQUALE, FROM PARIS TO THE COL D'ORNON

In a radical change of life, Philippe and Pasquale took over the reins of the gîte Le Chamois in 2019. Welcoming hikers, enjoying the natural surroundings to the full and providing accommodation for horse-riders (the gîte has just been awarded the "Isère Cheval" label), Philippe has given the gîte a unique charm thanks to his passion for DIY and recycling, while Pasquale offers the warmest of welcomes!



## ETIENNE POTIER, MUSICIAN OF THE PAST

Immersed in music since he was a child, Etienne, a native of Bourg d'Oisans, chose to revive the sounds of yesteryear following a wonderful discovery among his parents' old vinyl records! From there, he began a journey in search of forgotten instruments, before deciding to live his passion for music to the full and record an album with his partner, a member of the group "La Palessou".



## GAËLLE ET ARNAUD FROM THE FERME DU RIVIER

When farmers take a new look at their work and share it with others in offbeat videos! Since 2011, their cows, goats and ewes have been part of their daily life, leading to very busy days that are punctuated with laughter thanks to Arnaud's humour...

## THE CHANCEL MOUNTAIN HUT, FROM FATHER TO SON!

Located at 2,500 m above the village of La Grave, facing the Meije, this hut is open in both summer and winter. Annie and Daniel were at the helm for 30 years, and now their son Rémi is in charge of this haven of peace!



#food-loving



## « CHARPIN » AND THE CHOCOLATE FACTORY

Nicolas Charpin is a cook, who has also trained as a true chocolate maker (not to be confused with a chocolatier). He sublimates cocoa from its origins, the bean, to the final result like a true craftsman. At the beginning of April, he opened his first chocolate, ice cream, confectionery, biscuits and marshmallows shop in Le Bourg-d'Oisans. It's a wonderful place to taste and enjoy amazing chocolate... and full of childhood nostalgia!



## ROMAIN BRUN, FROM A LOVE OF GEMS TO A LOVE OF LOCAL CUISINE!

Originally from the tiny village of Villard-Notre-Dame, Romain Brun chose to return to his homeland at the age of 40. This crystal enthusiast has revived the village ginguette "Le Café de La Gardette" in homage to his grandfather, himself a renowned crystal maker in Oisans!



## HORSES AS OUTSTANDING MEDIATORS

In Bourg-d'Oisans, horses are not just companions for a ride... their role is much greater. They can sense, guide and listen to children and adults in search of well-being, appeasement and gentleness. Camille Grimaud has always been passionate about horses and trained as an equitherapist, while practising energy treatments and creating shows combining music, song and dance! She's an eclectic, flexible and sensitive practitioner.



# NEWS AND EVENTS

News item marked with \* are expanded in the press kit

## OISANS

- Two stages of the **Tour de France** on 14 and 15 July 2022
- Discovery rides** on a Harley Davidson\*.
- 13 days wild camping** on the GR54 with a guide\*

## OZ-EN-OISANS

- A new outdoor **escape game**\*
- 4 courses** approved by the French Orienteering Federation
- Canicross**: Mountain Trophy from 30 July to 2 August 2022

## VAUJANY

- Vaujany **Olympic Games** Preparation Centre Paris 2024
- Stage 7 of the **Critérium du Dauphiné** on 11 June 2022\*.
- New accommodation**: bed and breakfast: Chalet La Tanière; residence: Terrésens Les Edelweiss; furnished accommodation: Le Refuge des Sens, Chalet Oulala, Chalet Marguerite, Chalet L'Épervière
- 2 new restaurants** : Loft Montagne & Djimmi's bar and Le Yonnais ...le Croq' sweet and savoury!
- The Collet Summer Centre** is being refurbished
- The Cultural Centre and its events**: Philosophical walk 21 July and 11 August, musical picnic 16 August, cultural festival 25 to 28 July
- Life-size puzzle game**
- Hikes into the past** (with guidebook and offline application)

## ALLEMOND

- Free pedestrian passes** on the Eau d'Olle Express
- A 2-star campsite open year round**: Les Bouleaux
- Night market of the shopkeepers** of Allemond with a musical setting once a week

## LIVET & GAVET

- The Vernes power station**, open to the public\*.
- Heritage trail** to explore the history of the Romanche valley

## LE BOURG-D'OISANS

- Tour de France stage** start on 15 July 2022
- "Tour de France"** day trips \*
- "The mythical 21"** on 4 July 2022, a dive into the past! \*
- Handicrafts**: "Moustache à souris" and its textile designs
- 3 stars for the Hotel de Milan** and the **Hotel Oberland**
- The MCF school** moves to Bourg-d'Oisans
- The Goodwin Brewery** expands\*.
- New chocolate factory** in the heart of Le Bourg-d'Oisans\*.
- "Le Feuilleté de l'Oisans"** : a new biscuit factory
- A new Oisans speciality**: the "bourcate" vs the "tropézienne"

## AURIS-EN-OISANS

- New activity: **Trott'Athlon**
- New **e-biking tracks** \*
- Covered pool for all-weather swimming** throughout the summer
- Self-service beer** in a pizza pub
- 1st summer season** for the 3-star residence Les Écrins d'Auris.
- New Belgian owners** at the Beau Site Hotel

## ALPE D'HUEZ

- The Climb Alpe d'Huez** reinterprets the 21-switchback climb on 18 June 2022
- The **Tour de France** is back in Alpe d'Huez on 14 July 2022!
- 1st European Women's Sport and Wellness Weekend** from 22 to 24 July 2022\*
- "Les Mystères de l'Huez"**, an event for climbers on the rockfaces of Lac Besson on 11 and 12 June 2022

## LA GARDE-EN-OISANS

- A hydroelectric power station** is under construction, the only one currently being built in France\*.

## VILLARD-RECLULAS

- 2 new enduro tracks**
- The "Chemin Historique"**, a new panoramic walk\*.
- Opening of the chairlift link** between Villard-Reculas and Alpe d'Huez 7 days a week!
- New restaurant **"Casa Sauvage"**

## FERRAND VALLEY

- Interactive visit of the village of Besse** "yesteryear" and its museum
- New tours** with interactive routes in Besse-en-Oisans\*.
- The Via Chambon**: a new greenway\*.
- Skateboarding and basketball** in Mizoën

## ORNON

- Wild plant foraging and cooking course** from 19 to 23 July 2022
- The "Cheval Vert"** horse label for the gîte Le Chamois

## LA GRAVE

- 3 new holiday ideas**: Hiking in the Vallons de la Haute Romanche / Lakes and Summits in the Meije region / Botany and Heritage around Le Lautaret
- Light projections** in mountaineering villages, in La Grave

## LES 2 ALPES

- Winter starts in summer: **work on the ski area**
- New race for kids** at the Mountain of Hell (24 to 26 June 2022)
- French Mountain Bike Cup** event on 17 and 18 June 2022
- Survival camp** with Billie Billingham from 1 to 5 September 2022
- Cycling Camp/Tour de Force\*** with Bradley Wiggins from 8 to 12 September 2022
- A **new spa** at the Chamois Lodge
- 1st summer for the **Base Camp Lodge**

## SAINT-CHRISTOPHE-EN-OISANS & LA BÉRARDE

- New exhibition: **100 years of the road to La Bélarde**.\*
- Light projections in mountaineering villages**, in Saint-Christophe-en-Oisans \*
- The old school and town hall restored** to create 4 furnished apartments
- Gîte de l'Atré**, a lovely family story\*.
- New no-kill fishing zone** \*
- The Carrelet mountain hut** reopens to hikers\*.

## LE FRENEY

- New manager** for the Auberge du Freney-d'Oisans\*.

## VENOSC

- New yoga space** at the gîte Le Lauvitel: the Stillpoint
- Yoga and hiking courses**



# SELECTION OF NEW PRODUCTS

## LIGHT PROJECTIONS IN MOUNTAINEERING VILLAGES

*La Grave, Saint-Christophe-en-Oisans,  
Villard-d'Arène*

After exhibiting his work at the Quai Branly, in the Amazonian forests, in India and in New York, Philippe Echaroux, photographer, portraitist and precursor of street art 2.0, is now showing his work in Oisans!

Throughout the summer, from nightfall, portraits will be projected in the Oisans mountaineering villages. The faces are those of the men and women (locals, guides, farmers, etc.) who bring these hamlets, which are steeped in history, to life and embody their soul. The project aims to highlight these personalities and help visitors discover these renowned mountaineering villages "from the inside".

➤ Artist's website: [www.philippe-echaroux.com](http://www.philippe-echaroux.com)  
Mathilda Challet, Head of the Ecrins Mountaineering Villages Project  
+33 (0)4 92 56 52 29 - [mathilda.challet@haut-alpes.net](mailto:mathilda.challet@haut-alpes.net)

## THE 2 ALPES BIKE PARK TAKES CENTRE STAGE

*Les 2 Alpes*

As mountain biking has been one of the flagship activities in Les 2 Alpes for over 30 years, the resort's ski lift operator (SATA Group/SATA 2 Alpes) has decided to redesign and upgrade the current Bike Park in order to offer a state-of-the-art park that is more pleasant to ride and easier to maintain. To this end, SATA has worked in collaboration with the sport's experts, such as Adrien Loron (mountain bike ambassador) and in addition to redesigning some existing trails, it now offers a new snow bike trail between 3,200 m and 2,600 m, as well as a new e-bike route! A great up-grade to give mountain bike enthusiasts the welcome they deserve.

➤ [les2alpes.com](http://les2alpes.com)  
Les 2 Alpes Tourist Office: +33 (0)4 76 79 22 00

## NEW GÎTE DE L'ÂTRE, A LOVELY FAMILY STORY

*La Bérarde*

From a souvenir shop in 1923 to a guest house in 2022... The Gîte de l'Âtre is above all the story of a La Bérarde family, with people who have contributed enormously (and still contribute) to the development of the village. It all began in 1923 when the grandparents of Marie-Odile, the current owner, opened a small souvenir shop in front of their house. This was followed by flats for rent, a small grocery shop and a restaurant... Little by little, the village came to life and opened up to tourism! Today, Marie-Odile and her son Yannick are opening a new cosy guest house full of character, the kind of place that has 1001 stories to tell!

€ €55 per room for 1 to 2 people / €95 per room for up to 4 people / option of half-board with the restaurant/crêperie de l'Âtre

➤ 38520 Saint-Christophe-en-Oisans - La Bérarde  
+33 (0)6 07 56 97 85 or +33 (0)6 84 56 82 88  
[www.oisans.com/hebergement-localitif/le-gite-de-latre/](http://www.oisans.com/hebergement-localitif/le-gite-de-latre/)

## ON THE ROAD AGAIN : RIDING THE LEGENDARY PASSES ON A HARLEY DAVIDSON

*Oisans*

Bernard Pariat, a motorbike enthusiast based in Bourg-d'Oisans, proposes a rock'n'roll discovery of the mythical Oisans passes... on a Harley Davidson! Featuring the Col du Galibier, Col de la Croix de Fer, Col du Glandon and La Bérarde, epicureans and the intrepid in search of a (great) escape ride as passengers on these superb bikes and discover these legendary roads. A unique and wild experience!

€ Full day or half day trip, from €180 to €300.

➤ Pariat Bernard +33 (0)6 03 12 62 71  
[alpescustom@gmail.com](mailto:alpescustom@gmail.com) - [alpes-custom.fr](http://alpes-custom.fr)

## BACK TO THE ORIGINS, AN INTERACTIVE VISIT OF BESSE-EN-OISANS

*Besse-en-Oisans*

You can explore Besse-en-Oisans in complete freedom with a "road book" that takes you around the most emblematic places in this listed village, which features cobbled streets dating from the 11th century! Local history, life of the first inhabitants, harshness of life at this altitude and traditional architecture... the visit extends to the museum that displays many old objects, archives and photos reconstituting the Besse of yesteryear.

➤ Guided visits are also available on request at the Maison des Alpages.  
Ferrand Valley Tourist Office: +33 (0)4 76 80 00 85  
Maison des Alpages : +33 (0)4 76 80 19 09

# LIVING IN THE MOMENT

## YOGA IN UNUSUAL PLACES

*Le Bourg-d'Oisans*



Florence shows her guests a more intimate Oisans, with places to practice yoga in a calm setting and in touch with natural elements in order to reconnect with our deepest self. Whether a morning session to boost your vitality, or gentle practice with meditation after the day's activities, yoga enhances her guests' stay by bringing them back to the very essence of Oisans.

€ Outdoor course: €15/pers. Family rates €12/ pers. for 4 members of the same family.

➤ Florence Crosasso - [espaceohana@orange.fr](mailto:espaceohana@orange.fr)  
Monday mornings from 9:15 to 10:30 am and Wednesday evenings from 6:00 to 7:15 pm.

## BASKETRY COURSE, THE ART OF WEAVING PLANT FIBRES

*La Grave*

For thousands of years, people have been weaving in all parts of the world. Lucile Bou, the basket maker of the Meije, aims to keep this knowledge alive. She offers basketry courses to acquire all the basic techniques. Participants are carried away by the pleasure of learning a new creative art, mixing nostalgia and skill thanks to the finesse of wicker weaving, the touch of wood, its smell and colours.

€ 1 day introductory course: €80

➤ [www.vanneriedelameije.fr](http://www.vanneriedelameije.fr)



## DISCOVERING EDIBLE PLANTS

*Ferrand Valley*

An unmissable event for all those who like to smell and collect the many mountain plants. Trek leaders, who are qualified and passionate about plants, take a gourmet look at these herbs! Meadowsweet with an almond scent, round sorrel with a tangy flavour, goosefoot, comfrey... more than a dozen plants will reveal their secrets and their flavours.

€ The outing is organised in small groups (max. 12 people)  
€24/adult, €15/child - group rate: €139

➤ Les Deux Alpes Guides' Office +33 (0)4 76 11 36 29  
[bdg2alpes@gmail.com](mailto:bdg2alpes@gmail.com) - [www.guides2alpes.com](http://www.guides2alpes.com)

#vitality

## WINE TASTING AT THE AUBERGE DE LA FORÊT

*Auris-en-Oisans*

Virginie and her son welcome epicureans and wine lovers with good humour and energy in the small hamlet of Les Cours, nestled opposite La Meije and the Écrins massif. Join them every Thursday in July and August for a convivial evening focusing on French wines (particularly those of the Isère

and Savoie regions). Afterwards, you can make the pleasure last and follow it up with some of the restaurant's modern dishes.

€ €20 (subject to change)

➤ +33 (0)4 76 80 06 01 - [auberglf@gmail.com](mailto:auberglf@gmail.com)

## INVIGORATING RETREAT IN NATURE

*Venosc*

The Lauvitel Lodge offers a 4-day/3-night retreat with deep immersion in nature to find new energy and strength through the simple practices of meditation and Tai Chi. Guided by Caroline Purkhardt (PhD, coach, Tai Chi and Reiki master), the days start with a walk in the exceptional setting of the Écrins National Park to experience the various aspects of nature, or in meditation and movement in the new "Stillpoint" space to explore the energies of nature. In the evening, Caroline helps guests highlight the joys and challenges of the day, to give them meaning and make them unforgettable. This is a simple and serene retreat for travelling deep within your inner self.

€ "Live Well" package: €650

4 days / 3 nights full board accommodation + accompaniment by Caroline  
For two people in a shared room: €495 per person

➤ [www.lauvitel.com](http://www.lauvitel.com)





# GET PEDALLING!

## THE OISANS COL SERIES, A WEEKLY CHALLENGE FOR CYCLISTS!



Riding on mountain roads is great, but pedalling without the noise of engines and exhaust pipes is even better! This is the promise of the Oisans Col Series, which is a great opportunity to get on your bike and take on new challenges!

Every Tuesday during the summer, from 5 July until the end of August, one Oisans mountain pass is closed to motor vehicles and reserved for cyclists only. Free of charge and with no time constraints, the event ensures everyone can cycle at their own pace.

The most iconic climbs in Oisans are featured, along with lesser known, but equally challenging, locations.

Tuesday 5 July 9am/12pm  
> Croix de Fer and Glandon passes  
Tuesday 12 July 9am/11am > Col du Solude  
Tuesday 19 July 9am/11am  
> Ascent to Villard-Reculas  
Tuesday 26 July 9am/12pm > Col du Sabot  
Tuesday 2 August 9am/11am > Col d'Ornon  
Tuesday 9 August 9am/11am  
> Ascent to Alpe d'Huez  
Tuesday 16 August 9am/11am  
> Ascent to Oz-en-Oisans  
Tuesday 23 August 9am/11am  
> Montée des Deux Alpes  
Tuesday 30 August 9am/12pm  
> Col de Sarenne

➤ More info at: <https://www.bike-oisans.com/agency-cyclo-vtt-oisans/oisans-col-series/>

#ascension

## LE BOURG-D'OISANS AWARDED A 3-BICYCLE "TOUR DE FRANCE BIKE TOWN" LABEL

### Le Bourg-d'Oisans

Le Bourg-d'Oisans, a town seeking to highlight its interest in mountain cycling, was awarded the "Ville à Vélo du Tour de France" label last year at a 3-bicycle level. The aim of this label is to promote cycling as a daily activity. Only 18 French towns out of 80 have managed to obtain the level 3 bicycle label.

This level of certification is not surprising, as Le Bourg-d'Oisans can be considered a "mountain cycling capital" thanks to its numerous routes suitable for all levels, to the many and varied events held in the town, as well as its growing desire to make cycling a core feature of the region's development.

## NEW! A DAY AS A TOUR DE FRANCE RIDER

### Le Bourg-d'Oisans

For one day, Bike Experience 21 offers a group of cyclists the opportunity to put themselves in the shoes of the Tour de France riders! This experience takes place on the "Briançon - Alpe d'Huez" section, which will be used for the twelfth stage of the Tour de France this summer. These outings are guided and accompanied by an instructor, as well as a following shuttle car offering refreshments.

For the most motivated, Bike Experience 21 also organises preparation courses in June for the participants of the Amateur Tour Stage on 10 July.

- Bike Expérience 21 - Fabien Rizzi 28 Rue Aristide Briand
- From €250 per group +33 (0)6 68 22 06 73 - [be21.store/en](mailto:be21.store/en)

## TAKE A DIVE INTO THE PAST WITH "LA MYTHIQUE 21": OISANS VINTAGE CYCLING - 4 JULY 2022

To mark the 70th anniversary of the first ascent of Alpe d'Huez on 4 July 1952, La Bicicletta is offering a chance to relive the event through a 100% vintage gathering!

About a hundred riders are expected to race on a section of the 1952 Tour route. Everything will be done to recreate the atmosphere and conditions of the time. The riders will be dressed in period clothing and ride bikes from the 50s to the 80s.

And to accompany them, what better than the iconic Peugeot 203 "Tour de France" created especially in 1954 to follow the Tour! At the end of the race, there will be a moment of friendly exchange between tourists and cyclists, notably around the astonishing vintage bike frames...

- +33 (0)6 29 43 33 88 - [labicicletta.fr](mailto:labicicletta.fr)

## NEW! RIDE FROM ISÈRE TO THE HAUTES-ALPES ON THE VIA CHAMBON

The Via Chambon is 5.3 km a safe, equipped greenway linking Isère and the Hautes-Alpes! Initially used as a substitute route, the Via Chambon is now solely for use by vehicles without engines. This means that cyclists and pedestrians (and others!) will be able to enjoy the exceptional views of the Chambon lake and the surrounding mountains. For the fittest cyclists, the route is

an ideal opportunity to reach the most beautiful passes in the region, such as the Col du Lautaret and the Col du Galibier. Two car parks and a bus service from Grenoble provide easy access to the Via Chambon.

- Open from the beginning of May to the end of October, depending on the level of snow cover.
- Ferrand Valley Tourist Office +33 (0)4 76 80 00 85

#exploration

## EXPLORE THE EMPARIS PLATEAU BY MOUNTAIN BIKE

### La Grave, Besse

The Emparis plateau is now within pedalling distance thanks to Aventure Electrobike, which offers e-assist mountain bike rides. Using outstanding routes created to suit a range of levels, the local instructors take cyclists up to marvel at the most beautiful landscapes of the plateau! These outings also feature the discovery of local heritage, with visits to listed villages, as well as by gourmet breaks in mountain huts.

- Open : du 04/06 au 12/09. +33 (0)6 62 38 86 47 - [resa@aventure-electrobike.com](mailto:resa@aventure-electrobike.com) - [aventure-electrobike.com/randonnees-enduro/](http://aventure-electrobike.com/randonnees-enduro/)
- From €75. Groups of 3 to 6 people from 12 years old.



## LEARN TO RIDE ENDURO

### Alpe d'Huez

It's time to get onto your downhill mountain bike! The MCF mountain bike school offers introductory and advanced courses in endure biking. This sport is ideal for discovering the gems and secret spots of Alpe d'Huez, all accompanied by qualified instructors who know the area like the back of their hand!

The way up is in gondola lifts and the descents are on the Alpe d'Huez ski runs in summer mode, on two wheels! It's an activity you can enjoy alone, with the family or with your riding buddies!

- [contact@alpedhuezvtt.com](mailto:contact@alpedhuezvtt.com)
- [www.alpedhuezvtt.com/v2/fr/bienvenue/](http://www.alpedhuezvtt.com/v2/fr/bienvenue/)

## CROSS-COUNTRY AND NATURE TRAIL

### Le Bourg-d'Oisans

A new area with a cross-country and multi-user course has been set up in Bourg-d'Oisans. In the heart of the forest, this 4.5 km facility is a paradise for joggers, runners and mountain bikers, thanks to its route, interspersed with some fun bumps, and a fabulous natural setting. There is access to the banks of Lac Buclet and the Vénéon river, and the route passes close to the Pisse waterfall.

- Bourg d'Oisans Tourist Office: +33 (0)4 76 80 03 25
- [info-bourgdoisans@oisans.com](mailto:info-bourgdoisans@oisans.com)

## Accommodation

## CHÂTEAU DE LA MUZELLE, A NEW ADDRESS AWARDED THE "ACCUEIL VÉLO" LABEL

### Venosc



Located at the gateway to the Écrins National Park, Château de la Muzelle is a 17th-century manor house built on the banks of the Vénéon River. With 19 rooms and a restaurant serving local cuisine, this charming hotel is perfect for a stopover during a cycling trip. Labelled "Accueil Cyclo Oisans - 2 bicycles" (which is now a nationwide label called Accueil Vélo), it provides special facilities for cyclists, such as a secure bicycle room, repair tools and an e-bike service for recharging electric bikes.

- Double room from €86/night.
- Open from 28 May to 18 September 2022.
- +33 (0)4 76 80 06 71 - [chateaudelamuzelle.com](http://chateaudelamuzelle.com)

## NEW E-MOUNTAIN-BIKING TRACKS

### Auris-en-Oisans, Alpe d'Huez

Mountain biking is in the spotlight this summer with new trails in the Alpe d'Huez bike park, making the surrounding paths accessible as far as Auris-en-Oisans. With 7 new tracks ranging from green to black in difficulty, families and hardened bikers alike can enjoy the fabulous panoramic views of Oisans!

These new routes are suited to all types of bikes and will appeal to e-assisted mountain bikers. It's a great way to enjoy cycling without huffing and puffing!

- [www.alpedhuez.com/fr/ete/velo/espace-vtt/](http://www.alpedhuez.com/fr/ete/velo/espace-vtt/)
- Alpe d'Huez Tourist Office: +33 (0)4 76 11 44 44

#challenge





# FUN HIKES AND EXCURSIONS

## NEW INTER-ACTIVE TOURS: A NEW LOOK AT BESSE AND ITS PASTURES!

### Besse-en-Oisans

The Maison des Alpages in Besse-en-Oisans has marked out 9 new walks and hikes starting from the village and La Quarlie. There are routes for all levels, from a 20-minute walk on the flat to a 4-hour hike for the most energetic. Thanks to the many QR codes, these interactive and fun routes feature enigmas and anecdotes about nature, the environment and mountain animals, so you can learn while enjoying yourselves! Explore Besse and its mountain pastures in a different light!

➤ Free access. Open from the beginning of May to the end of October, depending on the snow cover. Ferrand Valley Tourist Office: +33 (0)4 76 80 00 85 Maison des Alpages: +33 (0)4 76 80 19 09

## MEET A SHEPHERD AND HIS FLOCK

### Besse-en-Oisans



The Maison des Alpages in Besse-en-Oisans, a typical Oisans village listed as one of France's Outstanding Sites, offers an opportunity to go

out and see the flocks up in the mountain pastures. Accompanied by a trek leader and a culture guide, young and old alike will learn what it's really like to work as a shepherd and live up in the mountain pastures.

This is a family hike, alternating between the high mountain pastures of the Emparis plateau (a Natura 2000 zone) and La Quarlie, combining the history of pastoralism, interpreting the landscape, fauna and flora, and meeting the shepherd. Back in the village, a guided tour of the Maison des Alpages museum and a film on pastoral life are provided to complete the experience.

€ Prices for day trips: €30/adult, €15/children, €50 family.

➤ Tuesdays and Thursdays - Online booking required  
Maison des Alpages +33 (0)4 76 80 19 09  
www.maisondesalpages-besse.com

## PHILOSOPHICAL WALKS

### Vaujany

At Le Collet, you can enjoy a contemplative walk in the company of a philosopher who will guide you in your thoughts in order to find a deeper peace of mind. The approach is aimed at being in tune with nature in order to improve your mind.

➤ 2h walk - free of charge  
culturel@mairie-de-vaujany.fr / Amandine Vayr :  
+33 (0)4 76 80 77 08

## EXPLORING THE PIÉGUT FOREST, AN EDUCATIONAL ETHNO-BOTANICAL TRAIL

### Auris-en-Oisans

Walkers are invited to follow the mascot, Jacques the Woodcutter, to explore the forest of Piégut, which has remarkable natural heritage (listed as a Natura 2000 zone), as well as an important cultural testimony (the historical role of the "Auriénchons" local residents). Through his entertaining information boards, Jacques shares memories of his childhood before the resort was built and introduces walkers to the local flora and heritage, as well as use of the forest's natural resources...

➤ Duration of the circular walk: about 2 hours.  
Height gain: 100 metres. Distance: about 2.5km.  
+33 (0)4 76 80 13 52 - www.auris-en-oisans.fr  
info-auris@oisans.com

## NEW PANORAMIC WALK IN VILLARD-RECLAS

### Villard-Reculas

This new walk retraces the historic path of Villard-Reculas and boasts breathtaking panoramic views. It passes through the old village with its outstanding charm and continues below on a small winding path to the edge of the rockface. The view is simply breathtaking... and chamois can often be seen! The hike takes 1 to 2 hours and has a 160m height gain. In addition to this walk, Maud Mallet-Henry, an actress and professional storyteller, offers guided tours, recounting the history of the village from the stories and anecdotes of the locals who have shared their memories with her.

➤ Every week during the school holidays.  
Free. +33 (0)4 75 80 45 69

# TOURING ITINERARIES

## NEW! 13 DAYS WILD CAMPING ON THE GR54 WITH A GUIDE

### Oisans

This summer, Cyril Valois, a trek leader based in Bourg-d'Oisans, is guiding the GR54 in complete autonomy. Hikers can totally disconnect thanks to nights in bivouacs, evenings under the stars and waking up in the middle of nature! Located in the heart of the Écrins National Park, the

GR54 is a splendid 13-day trek passing at the foot of the highest peaks of the mountain range (La Meije, Les Agneaux, Le Sirac and La Muzelle to name but a few). Accessible to all good hikers in good physical shape.

€ €890/pers. min. 5 persons, max 8 persons

➤ From 7 July to 19 July 2022 and from 23 July to 4 August 2022.  
www.element-montagne.fr +33 (0)6 80 34 71 09



## THE TOUR OF LA BÉRARDE IN 3, 4 OR 5 DAYS

### La Bérarde

This hike is a circuit around La Bérarde, the last hamlet in the Vénéon valley, once known as the "Mecca of mountaineering". The tour is self-guided and approaches the most iconic summits of Oisans and the Écrins, including the Meije, the Barre des Écrins and Les Bans. Each day's walk is a chance to explore a new valley, among scenery that is as varied as it is beautiful! Suitable for average level hikers.

€ Prices include full board: 3-day stay: adult €127 / children and teenagers up to 17 years old: €103.

4-day stay: adult €191 / children and teenagers up to 17 years: €155

5-day stay: adult €253 / children and teenagers up to 17 years: €206.

➤ AVEC St Christophe +33 (0)7 83 66 29 18 - avecsaintchristopheoisans.addock.co - avec@saint-christophe-en-oisans.fr

## GOURMET TOUR

### Saint-Christophe-en-Oisans

Featuring mountain huts, gites and hotels, this Gourmet Tour sets out to explore Saint-Christophe-en-Oisans and its surroundings with a culinary speciality each evening! A tailor-made stay to discover the unspoilt Vénéon valley, which is unique in the Alps. In the heart of the Écrins National Park, gourmet hikers will encounter varied and untamed landscapes, alpine grasslands, forests, sharp pine needles, glaciers and eternal snows, while savouring the products of the region.

➤ AVEC St Christophe +33 (0)7 83 66 29 18  
avecsaintchristopheoisans.addock.co  
avec@saint-christophe-en-oisans.fr

€ Self-guided hike from 3 to 5 days. From €123 to €258/adult and from €103 to €214/child. Prices include accommodation in dorms and full board.

## A HOLIDAY IN THE COMPANY OF BIG EARS!

### Vallee du Vénéon

Our big-eared friends, otherwise known as donkeys, are the ideal companions to carry luggage and motivate children to walk... but there's much more! Gentle and affectionate by nature, they adapt to the pace of the group and provide a friendly presence for an experience as unusual as it is adorable! From Saint-Christophe-en-Oisans, the iconic mountaineering village, to the foot of the majestic Meije in the heart of the Écrins National Park, the donkeys accompany hikers on trips from 2 to 5 days, exploring the magnificent Vénéon valley. Just like Stevenson, only in Oisans!

€ Trips from 2 to 5 days. From €61 to €247 /adult and from €53 to €205/child + €60 /per day for the donkey. (Minimum 1 donkey per group)

➤ AVEC St Christophe +33 (0)7 83 66 29 18  
avecsaintchristopheoisans.addock.co  
avec@saint-christophe-en-oisans.fr

## 2 DAYS ON HORSEBACK ON THE EMPARIS PLATEAU

### Besse-en-Oisans

Laurent Hustache, an equestrian tourism guide and horse and cattle breeder, organises a 2-day stay at the pace of the horses in landscapes reminiscent of the steppes of Mongolia! Starting from Besse-en-Oisans, a village of character listed as one of France's Outstanding Sites, riders (experienced or beginners) follow the paths of the GR 54 up to the amazing Emparis plateau, a Natura 2000 area, and its breathtaking view of La Meije and the Râteau. Overnight at the Fay

hut in the heart of the plateau with a convivial evening around the fireplace and a tasting of farcis, the local speciality! The next day, head for the foot of the Pic du Mas de la Grave to make a loop to return to Besse-en-Oisans at the end of the afternoon. A magnificent wild ride in the heart of Oisans country!

€ €90 per day / €285 for 2 days, including the horse, meals and accommodation.

➤ +33 (0)6 87 10 78 41 - laurent.hustache@free.fr  
evasionmontagnarde-oisans.com

#unforgettable





# UP AND UP: REACHING NEW HEIGHTS!

## CLIMBING IN ALPE D'HUEZ

### Alpe d'Huez

Try a gentle introduction to climbing in Alpe d'Huez on the rockfaces of Lake Besson! These faces have been newly equipped and provide varied and very pleasant climbing. There are no fewer than 130 pitches on 2 sites: the Rochers des Plantes (for beginners) and the Falaise du Lac Besson (to progress). The site is open to all and alternates between multi-pitch routes, short and athletic routes and children's sectors. The Bureau des Guides offers introductory or advanced courses on artificial structures or natural sites.

€ From €60

➤ [www.guidesoisans.com](http://www.guidesoisans.com) +33 (0)4 76 80 42 55

## CASCADE DE LA FARE VIA FERRATA

### Vaujany

This via ferrata on the rock face of the waterfall is accessible to beginners looking for thrills, but also to more expert climbers. Indeed, there's a choice of two routes: "La Cascade" for the more experienced and "Les Passerelles", which offers a splendid view! The two routes meet for the last common section, leading up to a pretty plateau. This is a lovely via that is great for beginners, but where experienced ferratists will also enjoy themselves!

€ From €60 / Level: Beginners from 11 years old (Minimum number of participants: 4 / maximum: 6)

➤ Oisans Bureau des Guides: +33 (0)4 76 80 42 55

## MOUNTAINEERING OUTINGS FOR BEGINNERS

### Saint-Christophe-en-Oisans

The Écrins National Park, in its efforts to promote mountaineering in the Écrins, organises discovery/initiation outings involving mountaineering and high mountain activities (hiking, climbing, etc.) in the mountaineering villages for the general public. The aim is to offer "open days" dedicated to a first approach to the mountains and associated mountaineering activities (mountaineering, glacier walking, via ferrata, climbing, thematic hikes, etc.). All outings are accompanied by mountain professionals and completely free!

📍 Mathilda CHALLET

Head of the Ecrins Mountaineering Villages project  
+33 (0)4 92 56 52 29 - [mathilda.challet@haut-alpes.net](mailto:mathilda.challet@haut-alpes.net)

## THE RÂTEAU OUEST: YOUR VERY FIRST MOUNTAINEERING TRIP

### La Grave

The "Glaciers de la Meije" cable car offers the luxury of a day trip up the Râteau, the closest mountain to the Meije, on a gentle introduction to mountaineering! The first route, the climbers' route, will take you up to the Col du Ruillans pass at 3211 m (a considerable help!), followed by 560 m of ice and rock climbing on not very difficult slopes to reach an airy ridge overlooking the Vallon de la Selle and the North face of the Râteau plunging into the Romanche valley. On the rocky peak that forms the summit of the Râteau Ouest at 3769 m, there's just enough room for a party of climbers to admire the view. A unique and accessible first experience of the high Alps, to experience a moment above everything and in a world of its own.

€ From €117 per person (max. 3 climbers)

➤ Duration: 4 to 5 hours return trip.

La Grave Bureau des Guides +33 (0)4 76 79 90 21  
[info@guidelagrave.com](mailto:info@guidelagrave.com) - [www.guidelagrave.com](http://www.guidelagrave.com)

## GUIDED GLACIER WALKS ON THE GIROSE GLACIER

### La Grave

Even if they have lost some of their size in recent years, the Girose glacier and the Mont de Lans glacier together form the largest ice cap in France (6 km from east to west). Compared to its neighbours the Tabuchet, the Meije glacier, the Enfetchores and the Râteau glacier, the Girose glacier is more accessible as it is located at the foot of the Ruillans station, the arrival point of the La Grave cable car. To get as close as possible to the glacier, the La Grave Bureau des Guides offers guided glacier hikes, accessible to everyone in good shape. Seracs, crevasses, glacier movements... visitors will learn more about this ecosystem of blue and ice, as fascinating as it is fragile.

➤ La Grave Bureau des Guides +33 (0)4 76 79 90 21 - [info@guidelagrave.com](mailto:info@guidelagrave.com) [www.guidelagrave.com](http://www.guidelagrave.com)

€ €30 per person, €26 child (from 6 years old) + cable car - 5 people minimum. Duration 1h30.

# REFRESHING

## WHITEWATER TRIP ON THE TURQUOISE WATERS OF THE VENEON

### Vallée du Vénéon

Enjoy rafting, hydrospeed, hot-dog and air boating opposite the Fétoules glacier! These white-water activities are truly refreshing and are a real source of pleasure and thrills. With the 2-day "White Water" package, you can try out three white water activities and board is

included from Saturday evening to Sunday after lunch. It's perfect for an ultra-fun and refreshing weekend! For more thrills, a via ferrata can be included in the weekend (equipment hire only or with a guide). The fast-flowing water is waiting for those brave enough!

€ Weekend €145

➤ +33 (0)4 76 80 23 99 - [info@rafting-veneon.com](mailto:info@rafting-veneon.com)  
[www.rafting-veneon.com](http://www.rafting-veneon.com)



#thrills

## WATERFALLS AND NATURAL SLIDES

### Oz-en-Oisans

A rare canyoning spot in Oisans, this canyon bathed in greenery welcomes adventurers for a refreshing descent! Featuring a succession of slides and natural jumps, the Oz canyon offers thrills for everyone. Accompanied by an enthusiastic guide, you will also discover the history of this very special geological site shaped by the water... From 10 years upwards, this fun canyon features a descent in an exceptional natural setting.

€ €55 per person (group of 3 to 6 people).

➤ [www.guidesoisans.com](http://www.guidesoisans.com) - [www.oz-en-oisans.com](http://www.oz-en-oisans.com)

## A COOL OASIS AND ACTIVITIES: THE WATER SPORTS CENTRES OF THE LAC DU CHAMBON AND LAC DU VERNEY

Although the rivers of Oisans are popular for cooling off in summer, so are its water sports centres! In the Eau d'Olle valley or where the Ferrand and Romanche valleys meet, you can try canoeing, pedal-boating, paddle-boarding and even windsurfing (in Allemont)!

€ Pedal boat rates from €15 to €27 / hour, single-person dinghies, canoe and paddle rental, €10 to €18 / hour.

➤ Info Lac du Chambon : +33 (0)4 76 80 63 48 / infos base du Verney +33 (0)4 76 80 76 11



## DON'T MISS: THE REST'EAU

On a terrace perched above the Lac du Verney or on the water's edge of Lac du Chambon, for lunch, a snack, an aperitif with friends or a unique dinner featuring local specialities, two spots on the water's edge are well worth a visit, namely La Guinguette in Allemont and La Cabane in Chambon. The menu at La Guinguette features various dishes made from fresh & local produce, the famous Guinguette's "miche" (a speciality fondue in home-made bread) and plenty of desserts. La Cabane has wood-fired pizzas, great salads, wok dishes and home-made burgers.

➤ Restaurant La Guinguette à Allemont :

from May to the end of September  
+33 (0)4 76 79 01 45 - [www.facebook.com/laguinguetteallemont/](http://www.facebook.com/laguinguetteallemont/)

➤ Restaurant La Cabane : from early July to mid-September  
+33 (0)4 76 80 63 48 - [www.oisans.com/stations-et-villages/mizoen/activites-a-mizoen/base-nautique-du-chambon/](http://www.oisans.com/stations-et-villages/mizoen/activites-a-mizoen/base-nautique-du-chambon/)



## RAFTING ON THE ROMANCHE: SINGLE OR RODEO?

### La Grave

At the foot of the Meije, we follow the flow of a beautiful wild river that runs through the forest, then we have a choice: a single 45 minute descent or a rodeo formula involving 2 successive descents in the rivers fed by the melting glaciers with swimming and rafting exercises! So, single or rodeo? It's a choice that will challenge many to push their limits! The little extra that makes the difference are the picnic tables and barbecue facing the glaciers!

€ Single run €40, rodeo €73 (2 runs in a row)

➤ Reservation required on +33 (0)6 61 63 24 28  
or +33 (0)4 76 79 91 93  
[www.rafting-nolimit.com](http://www.rafting-nolimit.com)

#fascinating





# FAMILY SPECIALS



## HEAD IN THE STARS

*Villard-Reculas*

Once a week, Thomas Mollier, who has been passionate about astronomy for 20 years, shows the constellations as seen from the Villard-Reculas mountain pastures. You can admire the wonders of the sky through the eyepiece or on the computer screen, and discover the techniques of astrophotography. The programme features a presentation and explanation of the equipment, an introduction to the sky, the moon, observation of craters through the telescope, stars and constellations, but also the stories and legends of the constellations. This is a journey to the stars that could well awaken future vocations in younger observers!

🕒 Free with prior booking (from 8 years old). Every Thursday, 2 sessions at 10pm and 11pm, from 14 July to 15 August, meeting point at the Bergerie car park.

➡ [info@villard-reculas.com](mailto:info@villard-reculas.com) +33 (0)4 76 80 45 69

## THE CARRELET HUT IS BACK IN SERVICE

*La Bérarde*

After 7 years of closure, the Carrelet mountain hut, a family destination par excellence in the heart of the Ecrins National Park, has reopened! At the crossroads of paths and at the foot of majestic summits, this hut is located on the former alpine pasture hamlet of the Plat du Carlez, a green meadow situated where the Vénéon valley

and the Chardon valley meet. This is the perfect place to admire the Ailefroide and the Rouies, emblematic peaks of the Ecrins, from the terrace. Whether you're passing through during the day to enjoy fresh pasta and a homemade juice, or staying in one of the rooms for 2 to 8 people, the Carrelet refuge is ideal for a 100% natural break under the benevolent eye of the peaks. Families and mountaineers are both welcome!

➡ Hut warden Mathilde Dahuron +33 (0)9 88 66 60 67  
[refugeducarrelet@protonmail.com](mailto:refugeducarrelet@protonmail.com)



## MEETING WITH SIBERIAN HUSKIES: A FIRST RANCH KART RIDE

*Le Bourg-d'Oisans*

Because there is something magical about the world of sled dogs in summer as well as in winter, Barbara and Erwin offer young and old the chance to meet Siberian Huskies in the beautiful forests of the valley. After a few instructions and explanations on the Nordic breeds, comfortably installed in their Ranch Kart, families set off to enjoy the landscape at the pace of the dogs. This is an unusual way to explore the beautiful Oisans

valley that will appeal to young and old alike! A 25 to 30 minute ride on the dyke of the Bourg-d'Oisans plain.

🕒 From 15.04.2022, daily on request.  
€75/ adult - €60/ child - €250/ family  
(2 adults and 2 children <12 years)

➡ Ranch de l'Oisans - Team Ehawee +33 (0)6 95 31 93 96  
[info@ranchdeloisans.com](mailto:info@ranchdeloisans.com)

#together

## OZ ESCAPE GAME

*Oz-en-Oisans*

OZ 3300 has teamed up with a local partner, GRAALY, to set up a new fun activity: an all-season outdoor escape game! Lasting between one and one-and-a-half hours, players have to solve fun and challenging missions developing their team spirit through a smartphone application. The themes are specific to Oz, including magic, water, nature, the assets of the resort and its location. It's a great way for families to discover the resort in an original way.

➡ Free of charge. [www.oz-en-oisans.com](http://www.oz-en-oisans.com)  
+33 (0)4 76 80 78 01

## A VIA FERRATA FOR THE KIDS

*Saint-Christophe-en-Oisans*

A via ferrata designed especially for children! This was the first via ferrata created in Isère 20 years ago and the first section, which is very airy, was extended the following year by a short route for beginners. Today, this small via ferrata has been entirely redesigned for kids, including variants and escape routes created last spring to ensure everyone has fun. Suitable for children from 6 years old. It's a lovely little via with a beautiful finish in full Oisans scenery, with views from Les Fétoules to Les 2 Alpes.

➡ Saint-Christophe-en-Oisans Tourist Office  
La Bérarde +33 (0)4 76 80 50 01 - [www.berarde.com](http://www.berarde.com)

## GET AWAY FROM THE SCREENS! NATURE CAMPING WITH THE FAMILY

*Le Bourg-d'Oisans*

For families who want to take advantage of their holidays to get away from the crowds and their screens, nature camping is the ideal solution. Located in the plain of Bourg-d'Oisans, Ferme Noémie offers its guests complete peace and quiet: no swimming pools or noisy karaoke, but a simple reconnection with nature. A campsite for a real Tom Sawyer-style holiday!

🕒 Pitch <2 pers, tent or caravan  
(7 nights minimum in high season) from €17 to €28 per night  
➡ [www.fermenoemie.com](http://www.fermenoemie.com) +33 (0)6 87 45 08 75  
[ferme.noemie@orange.fr](mailto:ferme.noemie@orange.fr)

# INDOOR ACTIVITIES

## VISIT THE WORKSHOPS OF THE ARTISANS OF THE SAVOIR-FAIRE ROUTE

The roads of Oisans are dotted with endearing people whose quality of work requires unique know-how. Each year, these local gems are listed in the "Oisans Savoir-Faire Route", a guide aimed at promoting and highlighting local crafts and flavours. In 2022, the Route features no fewer than 42 partners, including 25 artisans and artists, 7 farmers and producers and 10 museums throughout Oisans. So, between two hikes, why not take a little break and come and meet those who shape the wealth and diversity of the region? Visit a "perched" farm, a local brewery, a scrollwork workshop... There are many surprises in store!

➡ [www.oisans.com/decouvrir/route-savoir-faire/](http://www.oisans.com/decouvrir/route-savoir-faire/)



## VISIT THE VERNES POWER PLANT, A LISTED BUILDING

*Livet-et-Gavet*

Commissioned in 1918, this power station was designed to meet the increased energy needs of the Keller and Leleux establishments (producers of synthetic iron in Livet during the First World War) and is a listed Historic Monument. This iconic valley building can be explored from the inside twice a month in April, May, June, September and October and once a week in

July and August. This discovery can be combined with a visit to the Romanche Museum in which a space is entirely dedicated to Charles Albert Keller (the man behind the hydroelectric project), as well as by following the heritage trail to learn more about the history of the valley.

➡ [musee.romanche@wanadoo.fr](mailto:musee.romanche@wanadoo.fr) +33 (0)4 76 68 42 00



## HIGH ALTITUDE ART GALLERY

*Saint-Christophe-en-Oisans*

The Galerie Les Étages is the studio of the famous artist Jean-Marc Rochette, author (among others) of the comic strip Ailefroide which highlights the Oisans mountains. From April to November, the public can come and admire his drawings, sculptures, oils, watercolours and fine art prints. It is also the headquarters of Étages Éditions, a high-altitude publishing house focused on the mountains and the associated human lives.

➡ Open: 10am to 12pm / 2pm to 5pm. Make an appointment on +33 (0)6 08 98 23 12  
[lesetages@outlook.fr](mailto:lesetages@outlook.fr) - [galerielesetages.fr](http://galerielesetages.fr)



## EXHIBITION OF 100 YEARS OF THE ROAD TO LA BÉRARDE

*Saint-Christophe-en-Oisans*

Another exhibition not to be missed this summer is the temporary exhibition on the 100 years of the road to La Bérarde, which retraces the epic story of this mythical road which still surprises many tourists who travel it today!

🕒 Open every day from 1 June to 30 September. Prices: Admission: €3 / Children 13/17, high school & students: €1 / Free for children under 12

➡ Museum of Mountaineering Memories, 405 route de la Bérarde - la Ville 38520  
St-Christophe-en-Oisans +33 (0)4 76 79 52 25 - [v.turc@saint-christophe-en-oisans.fr](mailto:v.turc@saint-christophe-en-oisans.fr)





# INDIAN SUMMER

## FLYING THROUGH THE GOLDEN LIGHT OF THE INDIAN SUMMER

Autumn is the golden season for paragliding as there is less temperature variation and ideal thermal conditions for long, peaceful and contemplative flights. As the days are still long, it's the perfect time to go hiking and come back down quietly by air while admiring the magnificent golden landscapes of Oisans.

€ Paragliding lessons from €50, year round

► [akeneffly.fr](http://akeneffly.fr)

## TRAVELLING ON THE PICTURESQUE ROADS OF OISANS

Between its majestic mountain ranges and charming villages, Oisans is connected by small roads that are full of character. Crossing, on balconies or with hairpin bends, take the time to travel these roads quietly and immerse yourself in the heart of the Alps. From Oulles, the smallest commune in Isère, to Le Chazelet, a small hamlet perched above La Grave, and not forgetting the traditional villages of Villard-Reymond and Villard-Notre-Dame, you can travel back in time and discover new gems.

► [www.oisans.com/decouvrir/les-petites-routes-perchees-de-montagne/](http://www.oisans.com/decouvrir/les-petites-routes-perchees-de-montagne/)

## MARVEL AT THE AUTUMN MAGIC FESTIVAL

### Le Bourg-d'Oisans

Magic is coming to Bourg-d'Oisans, with the Magie Figue festival! This is an international magic festival, certified by the Fédération Française des Artistes Prestidigitateurs in partnership with the Équipe de France de Magie, which perfectly matches the mysterious atmosphere of the autumn season. A fantastic universe with an amazing programme, featuring children's workshops, a magic gala and a magician's competition! October 2022.

► Information: [animations@mairie-bourgdoisans.fr](mailto:animations@mairie-bourgdoisans.fr)  
+33 (0)4 76 11 13 23



## EARLY SKIING!

### Les 2 Alpes

For those who are impatient for winter, want to prepare for the coming season or simply enjoy an unusual autumn activity, beginners and the experienced can take a breath of fresh air and ski alongside the national teams and the best French and world skiers and snowboarders from 28 May and throughout the summer, as well as during the November holidays!

► 15 and 16 October 2022: Opening weekend for skiing and 22 October to 6 November 2022 - [www.les2alpes.com/](http://www.les2alpes.com/)

# AGENDA

11 JUNE 2022

## FINISH OF THE 7TH STAGE OF THE CRITÉRIUM DU DAUPHINÉ

### Vaujany

This competition, which dates back to 1947, will have the village resort of Vaujany as the finishing point of its 7th stage! After more than 134.8 km, the cyclists who set off from Saint-Chaffrey in the Hautes-Alpes will reach Vaujany by climbing two "out-of-category" passes: the Galibier and the Croix de Fer. A penultimate mountain stage that promises to shake up the rankings!

► +33 (0)4 76 85 11 91 ou +33 (0)6 60 33 67 84

Vaujany resort: [armelle.wendling@mairie-de-vaujany.fr](mailto:armelle.wendling@mairie-de-vaujany.fr)



22 TO 24 JULY 2022

## FEEL GOOD LADIES FESTIVAL : THE 1<sup>ST</sup> EUROPEAN FESTIVAL OF WOMEN'S SPORT AND WELLNESS

### Alpe d'Huez

From 22 to 24 July, the organiser of 100% women's sports and solidarity raids will be in Alpe d'Huez for this new project! A very varied range of 9 outdoor activities to be enjoyed solo or in pairs, including trail running, mountain biking, orienteering with Ophélie David, cycling, obstacle courses and yoga... while supporting the association #vivre-commeavant (in support of women affected by breast cancer) or another of your choosing. So get ready all lovers of sport, nature, freedom and challenges!

► [www.raid-feminin.com](http://www.raid-feminin.com)

7 AUGUST 2022

## THE CHRISTOLAISE : A TRAIL EVENT AT THE GATEWAY TO THE ÉCRINS NATIONAL PARK

### Saint-Christophe-en-Oisans

Breathtaking panoramic views await participants at this friendly trail event, which is attracting more and more runners. There is a course for every type of runner, from 10 km to 20 km and 40 km. Trail lovers will appreciate the beauty of the Vénéon landscapes and its warm, family atmosphere.

€ From €10 to €25

► AVEC St Christophe +33 (0)7 83 66 29 18  
[avec@saint-christophe-en-oisans.fr](mailto:avec@saint-christophe-en-oisans.fr)



28 TO 31 JULY 2022

## 5<sup>TH</sup> FILM FESTIVAL "LES ALPAGES FONT LEUR CINÉMA"

### Besse-en-Oisans

In collaboration with the Fédération des Alpagnes de l'Isère, the Maison des Alpagnes in Besse will present a film from the pastoralism festival held in Grenoble in the autumn of 2021. Every evening from 28 to 31 July.

This is the perfect way to highlight the current state of pastoralism, with its challenges and problems!

€ €5 per screening / €18 for 4 screenings  
Free for children under 12 years old

► Maison des Alpagnes +33 (0)4 76 80 19 09  
[www.maisondesalpagnes-besse.com](http://www.maisondesalpagnes-besse.com)



7 TO 11 AUGUST 2022

## MOUNTAIN PHOTOGRAPHY FESTIVAL

### Auris-en-Oisans

From 7 to 11 August, photography is in the spotlight in Auris-en-Oisans! Whether amateurs, professionals, locals or holidaymakers, this festival is open to all photo lovers through the various workshops organised by Laurent Chaix, a photography enthusiast (but not only), assisted by 2 photographers-cinematographers. Featuring day and evening photo outings, photo rallies, portrait workshops, drone workshops, conferences and photo exhibitions... 5 days that show mountain photography in all its glory!

€ Free of charge

► Laurent Chaix +33 (0)6 33 20 70 21  
[www.images-et-reves.fr](http://www.images-et-reves.fr)



#automne

## PEDALLING IN THE AUTUMN COLOURS

### Le Bourg-d'Oisans

In autumn, Le Bourg-d'Oisans remains the perfect place to get on your bike! Bike Expérience 21 continues its rental and guiding activities in autumn. The September/November period is the best time to ride an e-mountain bike, with the lovely colours of the trees and the weather still mild before the snow arrives. Many rides are possible both in the resorts and the valleys. A particular favourite is the Le Bourg d'Oisans / Venosc-e-bike ride along the cycle path, which is incredible at this time of year.

► Flexible formula, tailor-made prices  
Bike Experience 21  
+33 (0)6 68 22 06 73 - Fabien Rizzi 28 Rue Aristide

## OBSERVE AND RESPECT NATURE: 2 NO-KILL FISHING ZONES IN LA BÉRARDE

Fishing in the Vénéon is a perfect past-time for contemplating the glories of autumn. A second No Kill fishing zone has just been created at an altitude of 1,700 m, at La Bélarde. No Kill zones require the mandatory release of any fish caught.

► From 1 May to the 2nd Saturday in October.  
[www.cartedepeche.fr](http://www.cartedepeche.fr)

Fishing guide: Roland Claudel +33 (0)6 81 52 64 60

## ACCOMMODATION IDEAS: FROM MOROCCO TO LE FRENEY

### Le Freney-d'Oisans

On her return from Morocco (where she ran a lodge), Chantal decided to take over – and bring sunshine to – the renowned village auberge in Le Freney-d'Oisans! Featuring 9 rooms, she has turned this mountain-style place into warm and friendly accommodation. Open all year round and located halfway between Alpe d'Huez and Les 2 Alpes, the Auberge du Freney is a perfect base camp for touring Oisans all year round!

► +33 (0)6 48 28 88 85 - [aubergedufreney38@gmail.com](mailto:aubergedufreney38@gmail.com) - [www.oisans.com/hotel/auberge-le-freney-2/](http://www.oisans.com/hotel/auberge-le-freney-2/)

#festival

19 TO 21 AUGUST 2022

## THE SMALLEST INTERNATIONAL MOUNTAIN FESTIVAL

### Saint-Christophe-en-Oisans

From 19 to 21 August 2022, the little village of La Bélarde puts 3 days of screenings of films depicting mountain life worldwide. The eclectic, unusual and international programme carries spectators far, far away...

€ €5/adult per session - free for under 18s

► AVEC St Christophe +33 (0)7 83 66 29 18

[avec@saint-christophe-en-oisans.fr](mailto:avec@saint-christophe-en-oisans.fr)

Tickets on sale at: [avecsaintchristopheoisans.addock.co](http://avecsaintchristopheoisans.addock.co)

#sharing

8 TO 12 SEPTEMBER 2022

## A CYCLING CAMP WITH BRADLEY WIGGINS

### Les 2 Alpes

From 8 to 12 September 2022, a brand new road cycling training camp with Bradley Wiggins (winner of the Tour de France in 2012 and Olympic medallist in 2014) will take place. 800 athletes will tackle the iconic Oisans mountain passes from Les 2 Alpes, their base camp, for 5 days of discovery and sharing!

► [www.les2alpes.com](http://www.les2alpes.com)



# OISANS,

unspoiled mountains  
just 4 hours from Paris!

## ► BY ROAD

- > Motorway from Paris, Lyon, Marseille or Geneva to Grenoble. From Grenoble, follow Sisteron/Gap on the A480 motorway - Exit 8 "Vizille - Stations de l'Oisans". Then the N 85 to Vizille, followed by the D1091 towards Briançon.
- > Bourg-d'Oisans is 50 km from Grenoble. The journey takes 45 mins from Exit 8.

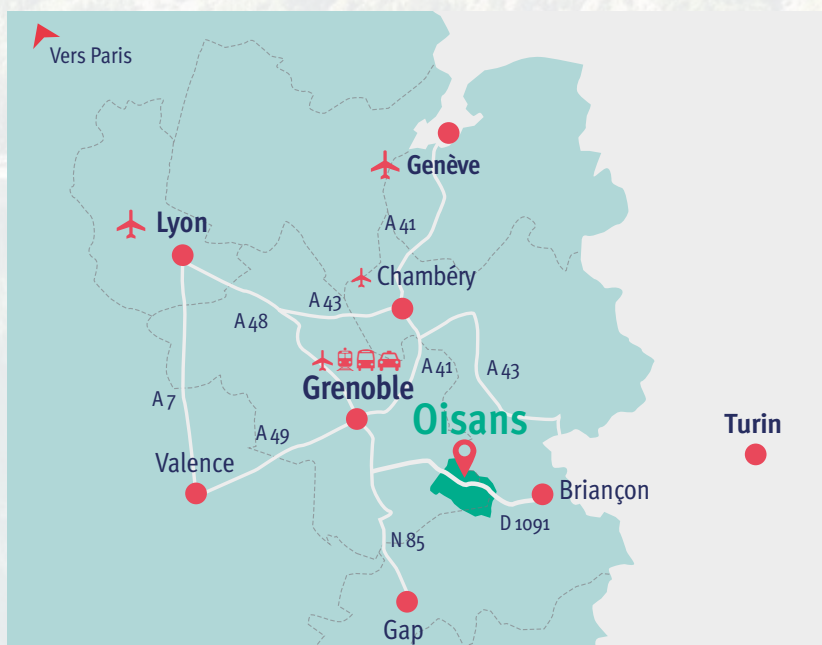
## ► BY PLANE

- > Grenoble - Isère airport is 91 km from Bourg-d'Oisans

## ► BY TRAIN

- > TGV Paris-Grenoble, 3 hours on frequent trains. Bus transfers to Bourg-d'Oisans and the main Oisans villages on Transisère ([www.transisere.fr](http://www.transisere.fr)) and Regional Express Lines ([www.bus-et-clic.com/ler35](http://www.bus-et-clic.com/ler35))

- > Lyon Saint Exupéry airport is 139 km from Bourg-d'Oisans
- > Geneva International Airport is 192 km from Bourg-d'Oisans



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**OISANS**  
LES ALPES MYTHIQUES  
\* THE MAGIC OF THE ALPS

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